

# TRI-JUBILEE SOUVENIR - 2018

*Maalakho 'd'  
arao*

*Angels  
of the  
Earth  
1959-2018*



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**FATHER MULLER SCHOOL & COLLEGE OF NURSING**

(Units of Father Muller Charitable Institutions)

Kankanady, Mangaluru



**Founder Director  
Rev. Fr Augustus Muller, S.J  
1880-1910**

**VISION**

Our vision is to heal and comfort the suffering humanity with compassion and respect; and to be recognized as a global leader in nursing education and research.

**MISSION**

To promote professionalism by quality and value driven education with a global outlook

To make learning an exciting experience that inspires students to reach their full potential as lifelong learners

To train young professionals for leadership who are able to respond to the health care needs of the public

To foster synergy and integration between research, education and practice by promoting interdisciplinary collaboration and partnership



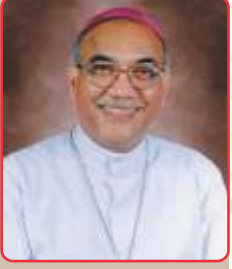
The Holy Father Francis cordially imparts the requested Apostolic Blessing to Rev. Fr. Richard Aloysius Coelho, the Director, Rev. Sr. Jacintha D'Souza, the Principal, the Staff and Students of Father Muller College of Bursing, Mangalore Diocese on the occasion of the Tri - Jubilee celebration invoking through the intercession of the Virgin Mary an abundance of Divine graces

19 January 2018

*St. Agatha, Patroness, 16.12.2017*

*+ Leonard Sampaio  
Archbishop, Mangalore, 19.1.2018*





# DIOCESE OF MANGALORE

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BISHOP'S HOUSE,  
KODIALBAIL,  
MANGALORE - 575 003  
DAKSHINA KANNADA, INDIA.

Date: 07-12-2017

Dear Sr Jacintha D'Souza,

I am immensely happy to be informed that Father Muller School & College of Nursing is completing 60 years of GNM, 30 years of B.Sc and P.B.B.Sc and 25 years of M.Sc nursing program, and the Institution has decided to celebrate the event on 19th January 2018. On this auspicious occasion, I hasten to send my hearty congratulations, warm felicitations and best wishes to the Principal, the Staff and the Students. Father Muller School & College of Nursing has carved a space for itself among the colleges of nursing not only in Karnataka, but in India and abroad. It is considered as one of the best institutions for nursing education and those trained in this school & college get employed without much difficulty. It is a matter to be proud of.

It goes without saying that the farsightedness of the Founders and pioneers has made it possible to reap rich fruit by all who have gone out of the portals of this School & College. I pay my respects to all of them and want to say that I am indeed proud of this institution and appreciate the efforts put in by the Management, Principals, the Staff and also the students during the past decades. The institution has excelled in academics and has obtained 'A' Grade from NAAC. Congratulations !

Nursing is more than just a profession; it is a vocation to become the extended healing hands of Christ with love and compassion. A patient is reassured of his/her health through a caring nurse who is alert and watchful. She is gentle in her approach and patient in her interactions. She is selfless in her attitude. Society needs such nurses today. I have no doubt that nurses trained at Father Muller College of Nursing uphold these values and become relevant to the times. My only wish is that you take a step forward in this line and make this School & College truly an edifice of enlightenment and empathy.

With renewed wishes and prayers.

**Most Rev. Dr Aloysius Paul D'Souza**  
Bishop of Mangalore

MESSAGE



## ARCHDIOCESE OF BANGALORE

Archbishop's House  
75, Miller's Road  
Benson Town Post, Bangaluru - 560 046  
Karnataka, INDIA

**MOST REV. BERNARD MORAS**  
*Archbishop of Bangalore*

Date: 18-12-2017

Father Muller School and College of Nursing are well-known for the high-standards of education and medical ethics. I fondly recall my long association with the Institution and am happy to hear that the high morality of the Institution continues. Thanks to the Director and the supporting staff in keeping the ideals high.

I am pleased to know that you are celebrating 60 years of GNM and 30 years of B.Sc and P.B.B.Sc. and 25 years of the M.Sc nursing program.

The early beginnings of the hospital are not known to many, but all achievements are accomplished only through sincere dedication and honesty. If we search the portals of the history of the hospital, we will be truly inspired and commit ourselves with utmost dedication in medical care.

You have many reasons to celebrate on 19th January 2018 for all that God has blessed the institution with.

While I accord my cordial blessings upon the institution, I wish continued progress with an ardent hope that the poor in need of medical help will find hope through your Institution.

Yours in Christ,

**Most Rev. Dr Bernard Moras**  
**Archbishop of Bangalore**

MESSAGE



# DIOCESE OF MANGALORE

Bishop's House, Kodialbail,  
Mangalore - 575 003  
Telephone: 0824 - 2440524

Date: 07-12-2017

I am happy to note these various landmarks in the history of the progress of Medical Education in Father Muller Charitable Institutions. I am happy to know that the School of Nursing is on the threshold of 60 years of fruitful existence. Most of the students come from ordinary families with poor financial background. After their education they get good jobs and their entire situation improves beyond their expectation. The same thing could be said of students in B.Sc Nursing, P.B.B.Sc for 30 years and 25 years of M.Sc. Nursing programme. I congratulate the Management and the faculty to have taken lot of pains to get excellent results due to good teaching. Wherever the nurses from Father Muller's have gone to work, they have upheld the good values they received in Father Muller's. I am proud of our institution which through education brings about a change in the life of people. Through them, better care is given to the patients in the hospitals.

I wish the jubilee function a success. May many more students come to Father Muller's for better education and for a better tomorrow. I greet all the students who studied and who study at Father Muller's and pray for success in their profession

*Rev. Fr Denis Prabhu*  
*Vicar General, Diocese of Mangalore*

# FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road,  
Kankanady,  
Mangaluru - 575 002



Date : 16.01.2018

Celebrating three jubilees of 25, 30 and 60 years simultaneously is a joy forever. Triple Jubilee Celebration is one of the rarest opportunities that we get at Father Muller's. We draw immense satisfaction from the success of our students who are well placed today and who do well in India and abroad. We are truly proud of our students and dedicated staff.

Indeed, nurses are an indispensable and balancing link between the helpless patient and the specialized doctor. Nursing care is a thing of solace for the patient and the doctor and accounts for the greater part of the healing process. Till 1959 the nursing services at Father Muller's were carried on by the Sisters of Charity with the help of nursing aides. Sisters Candida, Angela, Alphonsa toiled day and night to provide maximum care to the patients.

By the year 1953, Dr Venkat Rao felt modern nursing training was an imperative need and the Director Fr Marian Fernandes also felt the need for starting a nursing school. On July 15th 1959, with the efforts of the founder Principal Sr Maria Theresa, the School of Nursing became a reality when 12 candidates were admitted. Working with dynamic directors and doctors, she laid a strong foundation for the future of nursing in Father Muller Institutions. "As a formula for good nursing, nothing can replace the love and kindness", she says, stressing the need of love and care in the healing ministry of the hospital. Fr Marian too had at the back of his mind the welfare of Catholic girls, as training them would make them economically independent. With the starting of nursing school, there came about a change in attitude towards nursing.

Foreseeing the need for advanced training of nurses, the College of Nursing was started in 1987 with the initiative of Fr Peter S. Noronha with a 4 year degree course. This became the first private sector nursing college in the state of Karnataka ( indeed, it was the first College under Rajiv Gandhi University of Health Sciences to secure the National Assessment and Accreditation Council (NAAC) certificate with a redoubtable 'A' grade). People actually laughed when they heard of the B.Sc. degree course. Where is the need, they said, we have such an excellent Nursing School whose students are accepted not only in India, but abroad too! But Fr Peter Noronha did the right thing, which was confirmed when another college was started in the same year in Dakshina Kannada. The Post Certificate B.Sc. Nursing Degree Course of two years duration was started the next year, 1988, for upgrading those with Diploma in General Nursing and Midwifery, so that the diploma holders could improve their qualification. The M.Sc Nursing programme was added five years later in 1992.

At the forefront of Father Muller Charitable Institution's march of 137 years, nursing

stands on a firm foreground, proclaiming that at the centre of suffering is a nurse who provides succor, constantly offering solace and counsel. About 2500 under graduate and 750 Post graduates have successfully walked out from the portals of College of Nursing and are ambassadors of our College in different countries. The nurses trained by the institution are known Nationwide for their dedication to patient service and professional commitment. Along with the School of Nursing, Father Muller College of Nursing is so well known and so well reputed that even in the medically most advanced countries like USA, Canada, UK, Ireland, Isarel, our nurses are welcomed with open arms. Those who have gone there earlier have created such a reputation that everyone respects the quality of their service and the College they come from.

Being one of the oldest hospitals in this region with over 1,800 outpatients and 1,000 inpatients serviced everyday, the Father Muller Charitable Institutions is aware of the pivotal role played by the nurses at various levels in the hospital, specially in the operation theaters, ICU and MICU, Paediatric and Medical/Surgical specialties. The nurses have worked hand in hand with the doctors and others to cheer up the patients and nurse them back to health. Even at the moment of death, they have extended their support by consoling the relatives. The patients are indebted to them for the advice provided when the patients were discharged.

We all have heard the story of a boy walking at the beach who saw hundreds of starfish being washed to the shore by the tides. The boy picked one and threw it back into the water. He did that repeatedly. Behind him there was another person who couldn't understand what this boy was doing. He asked, "What are you doing? There are hundreds of starfish. How many can you help? What difference does it make?" This boy picked up another starfish, threw it into the water, and said, "It makes a difference to this one." Indeed, it is nursing care that makes a difference to the patient. Successive Principals and staff of the School and College have given a strong imprint of quality, redefining the profession to the changing needs of the patients. Father Muller School and College of Nursing stand tall among the 2500 nursing schools and 1800 nursing colleges in India, with Prokeria.com listing Father Muller College of Nursing, Mangalore among the top 10.

Certainly, the School and College of Nursing are a source of immense joy and happiness to all of us in the Management. I congratulate them on the occasion of the silver, pearl and diamond jubilees. Not only have they done well, they have the promise of doing better. I wish the staff and students greater success and accomplishment. May they continue to be the leaders that they are in nursing education and guide generations of students in offering compassionate service to the patients. Well done !

May God bless us all.

**Rev. Fr Richard Aloysius Coelho**  
Director  
Father Muller Charitable Institutions





सत्यमेव जयते

**VAJUBHAI VALA**  
Governor of Karnataka

No.GS 194 MSG 2017

12<sup>th</sup> December, 2017

I am happy to know that the 'Father Muller School & College of Nursing', Mangalore is celebrating "60 Years of GNM program, 30 Years of B.Sc and P.B.B.Sc Nursing Programs and 25 years of M.Sc Nursing Program" on 19th January, 2018 and bringing out a Souvenir to commemorate this occasion.

I hope that the College of Nursing will work for National development and my best wishes to the Organizers, editorial team, faculty members, students for a grand success of the event.

(Vajubhai Vala)

MESSAGE

Raj Bhavan, Bengaluru - 560 001. (Karnataka)



# DIOCESE OF UDUPI

Bishop's House, UDUPI - 576 101, KARNATAKA, INDIA

LD/437/2017

08-12-2017

Dear Rev. Sr Jacintha D'Souza,

I thank you for your letter dated 04-12-2017 informing me that Father Muller School and College of Nursing are at the threshold of celebrating several milestones of various programmes offered in your prestigious institution for Nursing Studies. It is with great joy that I noted that the General Nursing Programme is completing 60 years while B.Sc and P.B.B.Sc Nursing 30 years respectively and M.Sc Nursing its Silver Jubilee. Hence there is reason enough to rejoice and celebrate all these events in a befitting manner.

19 January 2018 is set aside to officially celebrate these milestones of programmes so that the students who have passed out of the portals of these institutions of learning can rejoice at their *Alma Mater* for being truly a *Mother* to all of them to be effective, efficient and successful. Nurses and students who have yet to complete their programmes can look up to those who have already left with pride and esteem to look forward to their day to follow their footsteps to nurse and to heal and comfort.

At a time when Nursing Education was so rare but so very precious, Father Muller Charitable Institutions' Management ventured into the General Nursing Programme way back in 1959 which spoke of its concern towards healing ministry offered in its Hospital and the effectiveness of nursing care and service to be provided and extended to patients of all walks of life in a professional and systematic manner thereby setting an example and precedence to many other health care institutions to follow or imitate Father Muller School of Nursing. Nurses who came out of this School were much in demand everywhere for their humane and dedicated care and service because they were not only trained professionally but also imbibed with noble values and ideals to go beyond the text books and skills but over and above, they were equipped with the love the Master Healer Jesus Christ who went about doing good, healing the sick and caring for the abandoned and the neglected: the last, the least and the lost. It was considered then more of a nursing vocation than profession, loving service than a time bound duty and recognized for their nursing care so that they in turn could walk holding their heads high with pride, joy and satisfaction of recognition and acceptance of their vocation/profession by all.

Times have changed and health care today has become more of a business than service and so also nursing profession. But I am sure and confident that Father Muller School and College of Nursing have remained faithful to their ideals, ethos and objectives so that more than the mind, the heart of nurses still beats with motherly love and care through their nursing approach, touch and service and continue to remain number ONE INSTITUTION in the care of the sick, the suffering and the dying with unction, empathy and dedicated nursing care.

As I offer all of you: the Management, Staff and Students of both the School and College of Nursing my congratulations and best wishes, I invoke God's abundant blessings upon you all to continue to be effective Nightingales of healing mission and Angels of caring ministry. With every good wish,  
Yours sincerely in Christ,

**+ Gerald I. Lobo**  
Bishop of Udupi



## DIOCESE OF UDUPI

**Fr Baptist Menezes**  
*Vicar General*  
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Web : www.udupi.diocese.in

**Bishop's House**  
**Udupi - 576 101**  
**Karnataka, India**  
**Tel: 0820-2531908**

Ref. No.: VG/YOLD/121/17

23-12-2017

Dear Rev. Sr Jacintha D'Souza

I thank you for your letter dated 04-12-2017. Happy to note that a memorable celebration is in the pipeline to mark the completion of 60 years of nursing education through Father Muller School of Nursing and 30 and 25 years of B.Sc, P.B.B.Sc and M.Sc Nursing studies respectively through Father Muller College of Nursing.

I offer all of you: the Management, Staff and Students of Father Muller School and College of Nursing my hearty congratulations on completion of 60, 30 and 25 years of noble service provided to students through nursing education and through them nursing, service to patients knocking on the door of Father Muller Hospital then and now Medical College Hospital and elsewhere through nursing care.

May Father Muller School and College of Nursing continue to be devoted temples of imparting quality and effective skill based nursing education to students aspiring to be nurses so that the sick and the suffering find in them solace, their every touch of care a hope of healing and a gentle smile on their faces of friendliness a sign of God's presence amidst us that He loves, cares and heals.

Nursing is a great and indispensable mission of noble service and nurses are a precious and constant blessing of health care. May God be with you all and bless you always.

Thanking you and with every good wish,

Your's sincerely,

**Msgr Baptist Menezes**  
**Vicar General**

MESSAGE



*Most Rev. Dr. Francis Serrao SJ*  
*Bishop of Shimoga*



Bishop's House  
Malligenahalli, Sagar Road  
Shimoga - 577 205  
Karnataka - INDIA  
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Father Muller Charitable Institutions in Kankanady, Mangalore have been a beacon of hope and healing for thousands of people not only in the City and the District but also in far off places. Ever since the saintly Founder Father Augustus Muller S.J. established a small hospital to care of for the poor leprosy patients, who were cast out by society, the institutions have been bringing the healing touch of Christ to those suffering from every kind of disease, and over the past decades have branched out into so many different fields of health care. The growth of the institutions has indeed been phenomenal.

One of the abiding services of Father Muller's right from its very inception has been an exemplary nursing care for which the hospital has become famous. The School and the College of Nursing with a variety of professional degrees has not only been a boon to young women in enhancing their employment potential but also has been a steady source of nursing personnel who are professionally proficient, morally mature, spiritually strong, ethically equipped, socially sensitive and commendably compassionate.

Therefore, it is indeed a joy and privilege for me to join you in thanking the Almighty for His bountiful blessings on the Nursing School and College while at the same time placing on record the dedicated, competent and committed contribution of so many members of the Management, Faculty and supportive staff to the cause of health care and human happiness in and through the Nursing School and College.

**+ Francis Serrao SJ**  
**Diocese of Shimoga**

13 December 2017





BISHOP HENRY D'SOUZA  
BISHOP OF BELLARY

# DIOCESE OF BELLARY

Bishop's House, Cantonment, Bellary - 583 104, KARNATAKA, INDIA  
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Website: [www.bellarydiocese.in](http://www.bellarydiocese.in)

15 Dec. 2017

Dear Sr Jacintha D'Souza,

Warmest greetings to you from Bellary!

Indeed, delighted to receive your letter dated 4 Dec. 2017, informing that Father Muller School and College of Nursing would be celebrating 60 years of GNM program, 30 years of B.Sc. and P.B.B.Sc. Nursing programs and 25 years of M.Sc Nursing program. Indeed, it is a mile stone in the long history of Father Muller Institutions. We thank and praise God for the glorious history of excellence in healthcare education and service to suffering humanity. Congratulations!

I have been closely following the growth and excellence achieved by your reputed group of institutions. I thank and praise God for all that the institutions are doing with dedication and devotion for the glory of God and for the benefit of humanity. I always believed that doctors and nurses are extension of the healing ministry of Jesus. Your interventions are in fact implementing the Article 25 of the Universal Declaration of Human Rights, which says that all have the right to a standard of living adequate for the health and wellbeing of themselves and their families. May your dedicated work promote the noble objective envisaged by CBCI "to make quality health services available, affordable and accessible to all, especially in the underserved areas".

May your management, your staff members and the students continue to bring succor and comfort to the suffering humanity through your compassionate nursing education and care.

With best wishes, yours sincerely in Christ Jesus,

**+ Henry D'Souza**  
Bishop of Bellary

MESSAGE



## DIOCESE OF BELTHANGADY

BISHOP'S HOUSE  
BELTHANGADY

P.B. NO. 13  
BELTHANGADY - 574 214  
D.K., KARNATAKA, INDIA

Date: 08-12-2017

Dear Rev. Sr Jacintha D'Souza

I am delighted to know that you are celebrating the **60 years of GNM Program, 30 years of B.Sc. and P.B.B. Sc. Programs and 25 years of M.Sc. Nursing program !**

It is really an honour for all of us to celebrate this great achievement of Father Muller's ! Also, I am gladdened to note that you are bringing out a Souvenir to mark this occasion. Father Muller School and College of Nursing has accomplished this unparalleled achievement for the benefit of the people of Mangalore, Karnataka and that of whole of India! The Souvenir will highlight the great achievement of the Institution and the people will come to know of this great service done by Father Muller's Institution.

I pray for the success of the Souvenir and congratulate you and all those who are behind this welcome venture.

May God bless you,

Yours lovingly in Jesus

**+ Lawrence Mukkuzhy**  
Bishop of Belthangady

MESSAGE

Tel: 08256 - 232439, Fax : 08256 - 233056 E-mail : bpmukkuzhy@gmail.com



30.12.2017

Dear Rev. Sr Jacintha D'Souza,

I am delighted to hear that Father Muller School and College of Nursing is on the threshold of celebrating 60 years of GNM Program, 30 years of BSc and PBBSc Nursing programmes and 25 years of MSc Nursing Program. I am sure the multiple functions remind us of the innumerable blessings from God Almighty upon the Institutions, the Management, Staff, students and well wishers.

In Jeremiah 30:17 – 'I will restore health to you and your wounds I will heal' declares the Lord. Our God is a Divine healer who heals the wounds of the sick and suffering humanity. A Nurse is a person who nourishes, protects her patients. A nurse is the one who is prepared to care for the sick, injured and aged sacrificing her comforts. In other words a Nurse carries on the mission of Jesus Christ.

Father Muller Nursing Institution is synonymous with gentle, tender, affectionate Health care. Father Muller is a brand name not only in India but across the Globe. The Institution over 60 years has toiled relentlessly for the care of the sick and suffering humanity. This Institution has not only trained nurses, who in turn continue the mission 'Heal and comfort' but also improved the living conditions of their families and improved the quality of life. Over the hundred years the selfless service of the Sisters of Charity is really commendable. If the Father Muller Nursing Institutions are highly sought after by student from all over India it is for the dedicated service, exemplary living and the hard work of the Sisters of Charity in particular and the staff of the college in general.

I wish all the best to the Father Muller Nursing Institutions and pray for God's blessings.

With every good wish for the celebrations.

**Rev. Fr William Menezes**  
PRO, Diocese of Mangalore

MESSAGE



Dear Sr Jacintha,

I am glad to know about the series of celebrations that are lined up for the Father Muller School and College of Nursing. Many congratulations to all of you.

These celebrations are opportunities to look back and have a glance on the trodden paths and to look forward to venture into the un-trodden paths. It's also an opportunity to remember gratefully all those who have contributed selflessly towards the growth of these institutions.

I had the good fortune of witnessing the Golden Jubilee celebrations of the School of Nursing and the Silver Jubilee celebrations of the College of Nursing. I still remember the 25 programs we had planned to mark the 25 years of fruitful existence of the Nursing College, the melodious Silver Jubilee Anthem, the international seminar etc. The magnificent college building where you impart nursing education is the gift of the Silver Jubilee Celebrations. Those memories are still fresh in my mind.

What followed the celebrations was still more beautiful. The NAAC accreditation, the Collaboration with Swiss University, the exchange programs etc. Today Father Muller School and College of Nursing are known world over for its' quality education and compassionate care. That's why the Silver Jubilee slogan "an Edifice of Enlightenment and Empathy". I am sure that logo still finds a place in the institution.

While I congratulate you all for the academic excellence and compassionate service, please permit me to make one or two suggestions for the college to reach international reputation. We are yet to make progress in the area of Research and Publications. With the qualified staff around and wealth of study material at your doorsteps, I don't think it's a big challenge for you. My second desire is to see newer courses introduced and newer MOUs signed up with as many universities as possible thus paving the way for our own Father Muller University of Health sciences.

The best is yet to come !

**Rev. Fr Denis D'Sa**  
**P.R.O., Diocese of Udipi**





# FATHER MULLER MEDICAL COLLEGE HOSPITAL

Father Muller Road,  
Kankanady,  
Mangaluru - 575 002

Father Muller Nursing College and School of Nursing are a brand name for quality Nursing education and the institutions are well known Nationally and Internationally as one of the best Nursing education Institutions. In South India, Father Muller Nursing Institutions are most sought after institutions for Nursing Education. The quality initiative like NAAC accreditation, Simulation based teaching, incorporating best practices into curriculum, Clinical exposure in NABH accredited Hospital, strong community based teaching make Father Muller College and School of Nursing an Institution with a difference.

As the College and School of Nursing celebrate the triple Jubilee, I congratulate the Principal as well as the Faculty for their selfless and committed service in training the future Nurses with qualities of heart and mind and thus contributing to the healthcare, nursing professionals who are qualified, competent and confident. I also wish that the College may grow to the greater heights in the coming years.

**Rev. Fr Rudolph Ravi D'Sa**  
**Administrator**  
**Father Muller Medical College Hospital**

MESSAGE



## FATHER MULLER MEDICAL COLLEGE

Father Muller Road,  
Kankanady,  
Mangaluru - 575 002

A journey of a thousand miles begins with a single step. True to this Chinese proverb, Father Muller College and School of Nursing which began with a single step has successfully walked several miles. It has made momentous histories and left behind significant landmarks. It has created exciting milestones and witnessed colourful seasons. Jubilee is an apt time to celebrate its vivacity and proclaim its vitality.

At this juncture, I am happy and proud to say that this outstanding institution has produced dedicated and reputed nurses branded with quality and merit. It has generated men and women of calibre equipped with nursing skills, ready to serve, willing to sacrifice, prepared to heal and comfort. Their fame has spread far and wide bringing laurels to the institution, adding glory to Father Muller Charitable Institutions. Congratulations to the Management and the faculty for their strenuous efforts in taking the institution towards greater heights, towards quality without compromise.

Father Muller School and College of Nursing is not merely an institution, it is a legacy. It is a living monument that has shaped many lives through values and virtues, moulding characters through role models and fashioning visions through far-sighted alertness. In this pursuit, the well qualified and experienced faculty has been standing as a pillar of strength. Your contribution will never go unnoticed.

Jubilee is a time to look back with gratitude and look forward with hope. It is a time to assess the accomplishment of its goals and objectives, to learn lessons from its success and failures; at the same time, it is an occasion to make openings for better skills with upgraded facilities.

At this juncture of Diamond, Pearl and Silver Jubilee of this esteemed institution, once again I congratulate everyone who has shaped its history and will make it still glow and grow. Let it continue to create men and women who are capable of doing new things, men and women who are creative and inventive, genius and generous to heal and comfort.

I pray for God's blessings on everyone and wish success in carrying forward the great dreams!

**Rev. Fr Ajith Menezes**  
**Administrator**  
**Father Muller Medical College**

MESSAGE



# ST. JOSEPH ENGINEERING COLLEGE

Vamanjoor, Mangaluru - 575 028

I am very much delighted to pen this message on the occasion of the Diamond Jubilee of General Nursing & Midwifery, Pearl Jubilee of B.Sc. & P.B.B.Sc. and also Silver Jubilee of M.Sc. Nursing programs of Father Muller School and College of Nursing.

I hereby congratulate the Management, Faculty, Staff, Students and all those who toiled to have this feather on Fr Muller's cap.

An anniversary is a time to celebrate the joys of today, the memories of yesterday and the hopes of tomorrow. This is truly a wonderful milestone and has been an incredible journey for all of you.

I am proud to say that nurses play a key role in all Medical Institutions, being responsible for the welfare, safety and recovery of patients. Nurses have an enormous amount of knowledge and diverse skills. They spend years perfecting and developing, all the time working in decidedly tough environments where extreme stress is just a part of the job. Nurses help bring new life into the world and care tirelessly for the sick and injured.

As you carry on your vision of healing the sick and comforting the suffering humanity with compassion and respect, it is only fitting to say that Father Muller College of Nursing stands as an “Edifice of Enlightenment and Empathy”, recognised as a global leader in nursing education and research. You have achieved much in the field of nursing education, service and research, with a commitment in providing the highest level of patient care with compassion.

I fondly remember my association with the Nursing College and thank you for the services to me personally.

I pray for the continued success and on behalf of St Joseph Engineering College, I wish each and every one at the College good health, happiness, peace and joy in the coming years.

## *I CONGRATULATE THE NIGHTINGALES*

**Rev. Fr Wilfred Prakash D'Souza**  
**Director**  
**St Joseph Engineering College**  
**Vamanjoor, Mangaluru – 575 028**

# FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road,  
Kankanady,  
Mangaluru - 575 002

The Pastoral care department of Father Muller Charitable Institutions is happy to know that on 19th January 2018 triple Jubilees will be celebrating at Father Muller Charitable Institutions. The School of nursing G.N.M. programme is celebrating its Diamond Jubilee. The College of Nursing under which the B.Sc and PBB Sc nursing is celebrating its Pearl Jubilee and M.Sc Nursing is celebrating its Silver Jubilee.

Congratulations to the Principals, faculty and students of School and College of Nursing of Father Muller Charitable Institutions. Father Muller Charitable Institution is a brand name at local as well as at global level. The role of the School and College of Nursing in molding and preparing nurses for the suffering humanity is commendable. We are proud to proclaim to the world that nurses who studied in our institution are the best ones and in great demand around the world. A name to uphold the motto of our founder Rev. Fr Augustus Muller “**Heal and Comfort**” to love and to serve with a smile.

Here we are reminded of the **Pledge of Florence Nightingale**, the inspiration and role model for Nurses all the time. Let me quote the beautiful pledge which is taken up by the nursing students during the lamp lighting ceremony: *“I solemnly pledge myself before God and in the presence of this assembly; to pass my life in purity and to practice my profession faithfully; I will abstain from whatever is deleterious and mischievous and will not take or knowingly administer any harmful drug; I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping in the practice of my calling; with loyalty I will endeavour to aid the physician in his work, and devote myself to the welfare of those committed to my work”*.

May this responsible and committed pledge of Florence Nightingale inspire and motivate our nurses to see the Divine face in each of the patient they treat in the hospital or clinic.

**“Long live Father Muller School and College of Nursing”.**



**Rev. Fr Felix Monteiro**

**Rev. Fr George D'Souza**

**Rev. Fr Melwyn D'Souza**

**Pastoral Care Department of Father Muller Charitable Institutions.**



डी वी सदानंद गौड़ा  
D.V. Sadananda Gowda



सत्यमेव जयते

मंत्री  
सांख्यिकी एवं कार्यक्रम कार्यान्वयन मंत्रालय  
भारत सरकार, नई दिल्ली  
Minister  
Statistics & Programme Implementation  
Government of India, New Delhi

It gives me great pleasure that Father Muller School & College of Nursing is planning to release a souvenir on the eve of Jubilee Celebration of the College on 19th January, 2018.

It is worth mentioning here that the organization is serving in the field of nursing education and health care and achieved best academic results and have occupied various high positions in the field of Health Care in India and Abroad.

I hope the Organization will promote professionalism by quality and value driven education with a global outlook. I heartily congratulate the team members for all success.

With regards,

Yours sincerely,

**(D.V. Sadananda Gowda)**

MESSAGE



**K.R. RAMESH KUMAR**  
Minister for Health and  
Family Welfare and  
Kolar District Incharge Minister



Room No. 143, 1st Floor  
Vikasa Soudha  
Bengaluru - 560 001  
Tel.No. 080-22034336  
22370825  
email: healthminister2016@gmail.com

Date: ...11-12-2017.

I am happy to learn that Father Muller School & College of Nursing, Mangaluru is decided to celebrate the “60 years of GNM program, 30 years of B.Sc and P.B.B.Sc Nursing Programs and 25 years of M.Sc Nursing Program” with befitting solemnity and meaningfulness on 19th January 2018 and that a souvenir is being published on this occasion.

I extend my warmest wishes to all members and students of the College. I am sure that it will continue to maintain its excellence and character with great distinction.

I wish the function with grand success.

**(K.R. Ramesh Kumar)**

**MESSAGE**



**Dr. M.K. Ramesh**  
M.S. FRCS.  
VICE-CHANCELLOR



ರಾಜೀವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಕರ್ನಾಟಕ  
Rajiv Gandhi University Of Health Sciences, Karnataka

No. PS/81/2017-18

27.12.2017

I am happy to learn that Father Muller College of Nursing, Mangaluru is releasing its Souvenir on the Occasions of “60 years of GNM program, 30 years of B.Sc and P.B.B.Sc Nursing Programs and 25 years of M.Sc Nursing Program” on 19th January 2018, as part of an illustrious educational group, Father Muller College of Nursing, Mangaluru has a track record for rendering high quality Nursing services and education.

There is a huge capital of talent among our teachers and students. It becomes our obligation to support and nurture their endowment in creativity. The College Souvenir facilitate the flow and flourish for such literary and creative instincts.

I am sure that the Souvenir will do justice to the creative flair of the contributors, and fulfil the expectations from its readers.

I wish success to the students, teachers and management of Father Muller College of Nursing, Mangaluru, for the publication of this Souvenir.

**Dr. M.K. Ramesh**  
Vice Chancellor

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Tel: +91-80-26961926, Fax: +91-80-26961927  
Email: vc@rguhs.ac.in Website: www.rguhs.ac.in



*Sr Matilda Monteiro*  
Provincial Superior

Holy Angel's Convent  
Belvedere  
Mangalore - 575 002.

It gives me great pleasure to convey to the Principal, Staff and students of Fr. Muller School and College of Nursing hearty congratulations and cordial good wishes on the joyous occasion of the 60 years of GNM program, 30 years of B.Sc and P.B.B.Sc. and 25 years of M.Sc Nursing programs. The Jubilee provides an opportunity to recognize God's goodness and dedicated contribution of the staff.

During all these past years the School and College of Nursing has provided quality nursing education and prepared students to confidently enter the nursing profession and occupy various high positions in the field of health care in India and abroad. My congratulations to you on obtaining "A" Grade from NAAC for academic excellence and for the efforts made to train good nurses to serve the poor and the needy.

The entire province of Mangalore of this Sisters of Charity joins me to felicitate you on this occasion. The dedicated service of the Sisters of Charity for the past 60 years is appreciable and their commitment in the formation of nurses' character building is remarkable. We join you in expressing deep sentiments of gratitude to God for the wonders, he has worked in and through you in the healing ministry.

In order to meet the changing demands of today's society, nurses have to live up to the high expectations and professional standards, be patient healers and help them navigate the healthcare system with integrity and humility. May this jubilee celebration inspire and invigorate you to prepare well trained nurses to render committed service to all sections of people in our society.

Reflecting on your rich history may enable you to look forward to a prosperous future. Congratulations once again on this significant milestone and I wish you all the best in your future endeavours.

*Sr. Matilda Monteiro*

**Rev. Sr Matilda Monteiro**

MESSAGE





**ಜೆ. ಆರ್. ಲೋಬೊ**

ಕರ್ನಾಟಕ ವಿಧಾನಸಭಾ ಸದಸ್ಯರು  
ಮಂಗಳೂರು ನಗರ ದಕ್ಷಿಣ ವಿಧಾನಸಭಾ ಕ್ಷೇತ್ರ

**J. R. LOBO**

Member of Legislative Assembly  
Mangaluru City South Constituency

ಉಲ್ಲೇಖ ಸಂ./Ref.No.: 821/MLtrfm/2017-18

ದಿನಾಂಕ/Date: 19.12.2017

At the outset I take this opportunity to congratulate Father Muller School and College of Nursing on the occasion of its triple jubilee celebrations. The occasion certainly calls for celebrations in a fitting way considering the stellar role played by the Father Muller group of institutions in providing quality healthcare.

Nursing education and nursing care is an important aspect in providing quality and improved health care. It is a well-known fact that Father Muller School and College of Nursing has been a trendsetter in realizing this importance of Nursing education, Nursing practice and Nursing administration by preparing students towards making reformed healthcare a grand reality. It is also a matter of pride and satisfaction that Father Muller School and College of Nursing has consistently achieved high standards of academic performance and has also succeeded in maintaining the excellent academic record in all these years.

I hope and trust that you would continue to play a key role of a trendsetter in an effort to provide quality health care in the years ahead.

Wishing you all good in your future endeavours.

**J. R. LOBO**  
Member, Karnataka Legislative Assembly  
203, MANGALORE CITY SOUTH CONSTITUENCY

ವಿಳಾಸ: ಪ್ರಥಮ ಮಹಡಿ, ಮಹಾನಗರ ಪಾಲಿಕೆಯ ವಾಣಿಜ್ಯ ಸಂಕೀರ್ಣ, ಕದ್ರಿ, ಮಂಗಳೂರು - 575 002.

Add: 1st Floor, MCC Commercial Complex, Kadri, Mangaluru - 575 002.  
Ph. Off.: 0824-2450511 E-mail: contact@jrlobo.in Website : www.jrlobo.in



## *Sr Winnifred D'Souza*

I am extremely glad to know that Father Muller School and College of Nursing is on the eve of Celebrating 60 years of Diploma, 30 years of Graduate and 25years of Post-Graduate Nursing Programmes on 19.01.2018. They were successful Years in the Journey of an Institution. The span of time is worth remembering. It's a moment of pride to know, how an humble beginning of SON in 1959 with just 12 students to become the first private sector school in the state, a pioneer, much admired and followed even today by others. Over the years it has grown in quality and quantity and now reached 60 fruitful years. The Alumnae have reached far and wide and have become powerful ambassadors. If today Father Muller Medical College Hospital has attained a magnitude of stature of a world renowned Institutions in the Health Care, the Nurses trained in School and College have a great contribution to its good name.

I am happy and feel privileged to have led the School and College of Nursing as Principal. It is indeed a privilege to work with intellectuals in academics and administration.

It is with great joy, gratitude and pride I join hands to thank God to be a part of this celebration. Hearty congratulations, warmest felicitations and best wishes.

**Sr Winnifred D'Souza**  
Former Principal  
Father Muller School & College of Nursing



## CONGRATULATIONS GALORE!! FATHER MULLER SCHOOL AND COLLEGE OF NURSING!



Happy memories flood my mind as the Silver, Pearl and Diamond bells peal and as I congratulate my beloved School and College of Nursing at Fr Muller's for the bounteous blessings the Almighty has showered upon you down the Diamond (60), Pearl(30), and the Silver(25) years which you have navigated. Yes Gratitude too rises from our hearts today side by side, for His continued grace and mercy to take FMSON and FMCON to the zenith of excellence, with NAAC grade 'A', of course through the relentless endeavours of the past directors, administrators as well as the principals, the faculty and the students . It is indeed a time to rejoice, to pause and to reflect, to take in a fresh breath of inspiration from the pioneers—Rev. Sr Maria Theresa Fernandes

of revered memory and Rtd. Lt Col Thiagarajan as the first and founding Principals, late Rev. Sr Gonzaga Pinto, late Mrs Gladis Devadas, Ms TU Annamma, Sr Edmond D'Souza, Sr Annrose D'Almeida as well as from the other veterans of the profession, some of them could be my alumni themselves, for a new Vision and renewed Commitment. I had the unique privilege of working with all of them who prepared me for the post later. I hope that the editors will see that this Souvenir will take us to the birth and progress highlighting the gradual development of the institution in the past sixty decades.

**"The only really  
happy people  
are those who  
have learned  
How to serve the  
one in need"**

A word to my alumni and all the others who traversed the hallowed portals of Fr Muller's following the way shown by the Lady with the lamp and Jesus our healing Saviour, sowing the seeds of compassion to the sick and suffering, dedication to the task and earnest desire to soar higher and higher on the rungs of progress and development in Nursing Education, Nursing Service and Nursing Research too. Many of you had the opportunity to grow and bloom in the highly developed nursing scenario outside the country, as you had been communicating to me through what's App. Others are filling the gaps in the nursing leadership positions in the country itself. I feel that the time has come to bow my head in awe and reverence to all of you the nursing veterans, as the silver hairs and wrinkles on my skin are increasing while the neurons are decreasing! Ha! Ha...ha!

My message to you dear alumni to those at the helm of Education, please remember that the "Heart of Education is the Education of the Heart" and it surpasses all the fund of knowledge and skills of nursing. Remember that Life is a pilgrimage to the Eternal, more than just a journey or a battle or a race, for something higher although it seems ephemeral and elusive at times! Strive hard gloriously in the path of 'Quiet and peaceful March' towards that shore of exceeding Light! Love! And Life!

Remember alumni those at the bedside, as Jean Watson said "Caring is the Essence of Nursing", caring with Love that is the most crucial factor, which qualifies you to be an excellent and effective Nurse, an affectionate Wife and a nurturing Mother! May God bless you and your families in the years to come!

May Fr Muller School and College of Nursing mount higher pinnacles in the years to come!

**Sr Loredana Korah**  
Former Principal  
Father Muller College of Nursing



It gives me great joy to note that Father Muller College of Nursing is Celebrating the Jubilee.

My association with Father Muller Charitable Institutions is always cherished as a great blessing. The invaluable service rendered by the institution, inspire all the entrants to follow the motto of the Institute – Selfless service. Each one of us either by choice or chance receive assigned duty to perform. A professionally assigned duty is not a gamble for earthly honor, position, gain or whatsoever materialistic gain.

Dedicated duty with concept of universal love, done in the light of selfless service alone can trigger off our divine emotions to carry out all the assigned projects namely – project of touching the heart of the sick and suffering. And this is what is preached, practiced and imbibed in this institution, which are to be preserved and passed on to the future generations.

Wishing the very best to everyone.

**Lt. Col. C. Thiagarajan Rtd**  
**Former Principal, Father Muller College of Nursing**



I am very happy to know that 'Father Muller School and College of Nursing' is celebrating sixty years of its grand journey in the field of nursing education in South India.

Nursing education in India has gone through many changes and improved tremendously over the decades and institutions like Father Muller College of Nursing have contributed in a magnificent way in bringing it to the present status. Milestones achieved by this institution make us the nursing fraternity feel proud.

Nurses are the largest workforce of health care delivery system and they play a crucial role in providing quality care. Quality care can be achieved by professionalism, holistic care, accountability, relevant and need based research and continuing education. Well prepared nurses from institutions like “Father Muller's” possess all these attributes and they become great assets to any health care institute they join.

I congratulate the Management, Faculty, Staff and the Students of this great Institution on all their achievements including getting the prestigious “A” grade certification from NAAC and wish that it keeps growing in its academic feats of giving India and the world the best nurses.

On behalf of the National Nursing Research Society of India (NRSI) executive board and on my own behalf, I wish all of you at Father Muller School and College of Nursing “A Happy and Prosperous New Year” and many more such years of success and abundance.

**Dr Usha Ukhande**  
**President, Nursing Research Society of India**

MESSAGE



I wish to congratulate the staff and students of the Father Muller School & College of Nursing on the jubilee celebration. The Jubilee Celebrations of any temple of learning is a joyous occasion and the souvenir brought out on this occasion will be useful and informative for all.

The Souvenir is the channel for the students to express their talents, activities and achievements. It helps to establish a bridge between the students, staff, management and the public.

Students look for guidance and support from their teachers. They are always ready to take challenges. If the foundation of nursing education is strong, students will survive facing challenges of life. My humble request to all the nurse educators and dear students will be, to have a clear and focused vision and move confidently towards the professional achievements.

I congratulate the Management, Principal, Faculty of College of Nursing, dear students and members of Editorial Advisory Board for taking strenuous steps to bring out the souvenir.

**Mrs Anita Deodhar**

**President, Trained Nurses Association of India (TNAI), New Delhi**



It gives me great pleasure to felicitate the staff and students of the Father Muller School & College of Nursing for their jubilee celebrations. It is nice to learn that a souvenir is also being published on this occasion.

I extend my hearty congratulations and jubilee greetings on this beautiful occasion.

The College/School provides holistic education and is the pioneer in blending school education with a comprehensive curriculum to help every student reach his/her highest potential intellectually, physically, emotionally and spiritually. No doubt the thousands of students who have passed out of the portals of these institutions will be grateful to their Alma Mater for the quality education of heart and mind they were privileged to receive.

I do hope that the school/college will continue to strive hard to achieve its motto, apart from imparting purposeful education to students. My best wishes for the success of the entire endeavor.

I congratulate the Management, Principal, Faculty of College of Nursing, dear students and members of Souvenir Committee for bringing out an informative and useful souvenir on this occasion. I am sure that it will continue to maintain its excellence and character with great distinction.

With Best Wishes

**Mrs Evelyn P. Kannan**

**Secretary-General, Trained Nurses Association of India (TNAI)  
New Delhi**



I feel blessed and extremely joyful to be the organizer of this Triple Jubilee celebrations of the Father Muller Nursing School and College. 25 (silver), 30 (pearl) and 60 (diamond) years in the life of an institution is a landmark. Father Muller College of Nursing has sustained its quality in nursing education in order to provide quality oriented, value based care to the clients in the hospital and community. We remember fondly all those who have contributed to the growth of this college since 1959.

I am fortunate to be a part of Father Muller family, specially of nursing fraternity and am ever grateful for all that this family has given to me. I am committed to serve with zeal and devotion and pray that the college may rise to excellence in every aspect.

With every good wish.

**Sr Jacintha D' Souza**  
**Principal**  
**Father Muller College of Nursing**  
**Mangaluru**



It is with immense pleasure that I pen a few words to the souvenir on the happy and solemn occasion of celebrating the jubilees of three programs of nursing, of which I am a part.

It is a great event in the history of Father Muller Charitable Institutions with which I am associated for the past 39 years. It is also an occasion to remember all those teachers who have helped in the dispensation of knowledge and skills and in forming efficient nurses. Nevertheless it is a benchmark, a time to pause and reflect and not to stop.

I appreciate the hard work put in by the Editor and the Editorial Board of this jubilee souvenir and wish good luck. May your efforts bear much fruit.

**Mrs Victoria D'Almeida**  
**Vice Principal**  
**Father Muller College of Nursing**  
**Mangaluru**

MESSAGE



It's my pleasure to pen this message to the College as well as School of Nursing. Compassionate health care is the hall mark of nursing profession. Fr Muller School as well as College of Nursing have catered to the needs of the society by providing quality health care professionals since 60 years.

It is heart warming to see them grow from their infancy to their present level. I wish them best of luck to attain greater heights in the field.

**Dr Uday Kumar K.**  
**Medical Superintendent**  
**Father Muller Medical College Hospital**  
**Mangaluru**



Nursing is an integral part of our health care system and without nurses Medical team is incomplete.

It gives me immense pleasure to pen a few words as our college celebrates jubilee of M.Sc. Nursing Programme (Silver) B.Sc. (N) and PBB.Sc. Nursing (Pearl) GNM programme (Diamond). It is a matter of great pride for me that I have been one of the students of Father Muller School of Nursing and had the privilege to render my services for several years in this esteemed Institution, which I treasure. At this juncture I fondly recall with joy and gratitude, the ever cherished memories of my dear teachers, who instilled in me the spirit of nursing, love and compassion of Jesus the healer and teacher, after the example of Florence Nightingale the lady with the lamp. Today as I head the Nursing Service department in this prestigious institution I feel it is my mission to give quality care for all, while maintaining good credentials, code of ethics and standards of competence.

I congratulate the Principal, the Staff and the students on the occasion of Jubilee celebrations. May the jubilee celebration help all nurses to be a light like our pioneer and touch the hearts of many with warmth.

**Sr Janet D'Souza**  
**Chief Nursing Officer,**  
**Father Muller Charitable Institutions**  
**Mangaluru**

MESSAGE



# MESSAGE

Father Muller School of Nursing, the first educational institution of Father Muller Charitable institutions began at 1959, by the tireless efforts of Rev. Fr Marian Fernandes, then the Director of FMCI and the former Founder Principal Rev. Sr Maria Theresa Fernandes with 12 students. Till date 2089 students have completed their studies at FMSON and reached out to the needy over the globe.

Year by year with new challenges and scope FMSON has grown with the help of able Directors, Administrators and Principals. FMSON has been served by 9 able Principals Rev. Sr Maria Theresa Fernandes served the Institutions from 1959-1982 for the period of 23yrs, Rev. Sr Gonzaga Pinto from 1982-1990, Rev. Sr Ann Rose D'Almeida from 1990-1991, Rev. Sr Edmund D'Souza from 1991-1999, from 1999 to 2001 Rev. Sr Lucy Rodrigues, from 2001-2003 Rev. Sr Jacintha D'Souza, from 2003-2008 Rev. Sr Flora D'Souza and from 01-09-2008 to 31-05-2011 Sr Winnifred D'Souza.. Currently I have been assigned the mantle of the Principal and serving the FMSON from 1-6-2011 till date.

On 16th July 1959, 12 students of FMSON gathered at St Joseph's chapel to invoke God's blessings on this new venture, Rev. Fr Marian Fernandes, Director, invited these novices into the nursing service with the exhortation "Remain ever faithful in the spirit of service of Fr Augustus Muller", from then onwards FMSON has taken the motto of 'Ever Faithful' to uphold quality nursing care, instil respect for life and human dignity of a person from 'womb to tomb'.

As FMSON grew it did face a number of challenges. Even though Our nursing profession was a choice of career to young girls a few decades ago, many new Colleges/ Schools like a mushroom came up and hence we at FMSON had to face a lot of problems of newer aspects. Hence the number of admissions went down and only quality based educated Schools/Colleges remained and others closed down due to the same problem. But, due to Gods' Providence we still are able to continue the legacy of nursing through the various hardship, and provide education with quality.

Today's students are smarter and many students take Science as their subject in PUC/PDC, other academically well performed students, select different courses of choice and yet the remaining poor students who want to be professionals, chose General Nursing & Midwifery program as their profession. It is a great challenge to mould these students and bring out a Nurse out of them. The Credit goes to our entire teaching faculty, who shape them day in and out. Thus I could say proudly a speciality of our School of Nursing is to make a dull student into a brighter one. To give an example many of our students who secured 45%-47% in PUC have got 76%-78% in the Board examinations.

As the need persists over the years and to practice unity in diversity. We ensure that there is no compromise on quality at any stage. I am happy to say that at present there are 187 students in different batches doing their GNM studies. I remain grateful to the Management for providing a wonderful infrastructure and also for catering to all the needs of FMSON.

I feel honoured to have been one of the students of FMCON and now having the privilege to render my service at this institution. It gives me joy and happiness which I treasure the most. I do remember all those who have toiled from the inception of this course. May God bless them graciously and give them their eternal rewards.

With the blessings of God and all our fellow brothers and Sisters we move forward from this 60th batch of FMSON. May the Almighty grant us many more years of glory to live with greater desire of serving the suffering humanity.

Long live the legacy of Father Muller School of Nursing ..... !!!

**Mrs Jasmine Sarita Vas**

**Principal**

**Father Muller School of Nursing, Mangaluru**



## EDITORIAL

Greetings to you.

Very few fully realized the wealth of sympathy, kindness and generosity hidden in the soul of an individual. The effort of every educator should be to unlock that wealth/treasure and Father Muller School and College of Nursing is an excellent example where everyone strives hard for this. This institution has been nurturing young minds for the past 60 years preparing them to heal and comfort the suffering humanity.

We are pleased to present to you the Tri-Jubilee souvenir. Enjoy every moment you have because in life there aren't rewinds, only flashbacks. This souvenir would present various memories from our alumnae from near and far, who have worked with much enthusiasm in all the events of this Tri-Jubilee celebrations. Many of the articles are very moving. All of them have been written with a great deal of sincerity and a lot of affection. It is very clear that many students have carried back with them valuable lessons for life, apart from their degrees.

A special vote of thanks to my team: Mr Manoj P S, Mrs Priya Pereira, Mrs Diana Cutinho, Mrs Sonia D'Souza and Mrs Nirmala who stood by me through thick and thin, helping in whichever way they could. They have gone out of their way and worked incessantly to make this souvenir release on time. We have tried our best to paint your memories with the bitter sweet ink of nostalgia.

Hope you have a nice time going through the pages of this Tri-Jubilee souvenir...

**Mrs Binsha Pappachan C**  
Editor





My Alma Mater Father Muller School and College of Nursing, Kankanady, Mangalore has educated me and taught me how to live.

It was here that I learned the true meaning of life. The THREE things that I learnt from this Institution are Spirituality, Compassion, and Discipline. They are more powerful memories than the knowledge I gained. I thank and salute all my respected teachers who taught me and made me what I am today. I remember the contribution of my talented and brilliant students in my professional life too. On this memorable occasion I am grateful to the Management for giving me the opportunity to serve the institution.

Wishing every success in the coming years. May the Almighty continue to shower his blessings on Father Muller College of Nursing.

Indeed, I am proud to be a Mullerian.

**Prof. Irene T R Alvares (Alumna)**  
**HOD, Department of Community Health Nursing**



The tremendous growth of Father Muller School and College of Nursing in the past years was possible due to the commitment and deep sense of service to humanity by the faculty and students which helped in effective curriculum delivery. The institution has always shown interest in inculcating human values in the students to mould them to be dedicated nurses and responsible citizens of the country. I am happy to be a part of the Jubilee celebrations and thank the Management for the constant support for all our activities. I wish the very best to the students and faculty for their bright future.

**Prof. Agnes E J**  
**HOD, Department of Mental Health Nursing**



It was indeed a great privilege for me to enter the portals of Fr Muller College of Nursing in the year 1987 as the first Batch of BSc Nursing student to begin my nursing profession, thereafter to be the part of this mighty institution to render my service as a clinical instructor till the year 1995.

Marvelous are the ways of the Lord who called me to be a Sisters of Charity and placed me back in the year 2011 as a member of Mullerian family. During these years I had the joy of celebrating the silver jubilee of the college of nursing in 2012 and the NAAC accreditation with 'A' grade in the year 2014. I am happy to continue my service in this esteemed Institution till date.

Fr Mullers is well known far and wide for its quality education and training. The credit goes to all who nurtured Fr Mullers down the ages, toiled for its origin, growth and expansion making it what it is today with their generous, committed service along with management to give their best. On this joyous occasion I extend my sincere appreciation and congratulations to all of you and pray that the Almighty God may shower His abundant blessings on each of us to continue this quality education with greater commitment and love. I pray that this institution may grow still higher with all its advancements and technology and become a centre of excellence in nursing education and health care.

**Sr Deepa Peter (Alumna)**  
**Associate Professor & HOD, Department of Nursing Foundation**

## REFLECTION



The memories of Father Muller Medical College Hospital are fresh in my memories even after 34 years. A single incidence which had taken place way back in 1983 perhaps made me to take a decision of enrolling myself for the nursing course. I was an athlete doing quite good in district and state level sports and there were opportunities for me to pursue sports as my career. I remember how people used to recognize me on the sports ground during inter school competitions and those days my sports performance was very high for the age. My Physical Director, Mrs Jayanthi from St Agnes School always had a special place for me in her heart and she made sure that I go everyday to the Mangala stadium at Lalbagh for the practice session. Somehow God's plan was different. A single incident made me change my most important decision related to my career. I said goodbye to my well gleaming sports life and the Mangala sports academy ! I took up science subject and thereafter nursing course. I would like to jot down that specific incident for all my readers to say what the nursing team has its impact on an individual's life. In the year 1983 my younger sister who was a preschooler had been hospitalized in Father Muller Hospital, Pediatric Unit with amoebic dysentery and had no hopes. I still remember how I had knelt down in front of the altar and prayed with whole heart to God Almighty for her recovery. At times I could hear at home all expressing hopelessness and great worries about her recovery. Almost daily I used to visit the ward with the hope of seeing her recovery. There I used to see the nursing team visiting, carrying out procedures on her, their gentleness, graceful walk and the confidence made me to have a strong desire to take up nursing. As she recovered my urge of joining for nursing also started growing in my mind and heart. I still remember my coach was asking me to rejoin the club and carry out the sports assignments; but somehow I was clear in my thoughts and moved forward and enrolled for nursing and today from GNM, P.B.BSc , M.Sc to Ph.D in Nursing all made possible by a single incident I faced in my life at Father Muller Hospital.

Yes, the Father Muller nurses indirectly left an impression on my life and I also became one among them since 1986 .In the year 2001 I got an opportunity to do my Masters in nursing from the Father Muller College of nursing, an institute which made me to choose nursing as my career & now an opportunity to work in this college. At this juncture I would like to say with pride that I joined for nursing not out of compulsion but, because of those two nurses from Father Muller Medical College Hospital. No doubt the medical team also worked hard for my sister's recovery, but those lovely angels in white had left an everlasting impression on me. I could sense the purity of their work. Father Muller is known for the Nursing care and we need to keep up that grace while working with the sick and needy to put their life at ease. Though I cannot remember the names of those nurses still they are in my thoughts forever. Now I can say that behind my success in nursing there stands Father Muller Institution. Thank you my Alma-Mater for showering all your blessings on me.

**Dr Devina E Rodrigues (Alumna)**  
**Professor & HOD, Department of Nursing Research**



It gives me great pleasure in sending this message for publication in the Souvenir to mark the Jubilee celebration of Father Muller College of Nursing. Souvenir is a tribute to the past and an expression of grateful thanks to those who had untiringly laboured to make the Institution great and to honour those who contributed to its greatness. An institution can survive and progress or it can merely exist. Father Muller College of nursing progressed very well every year from its inception in 1987. Father Muller College of nursing has now completed Twenty five years of MSc (N) and Thirty Years of BSc (N) & PBBS (N). However events of this nature should not go unnoticed. Father Muller College of nursing had taken up privilege of celebrating it along with National Conference on Critical Care Nursing Organised by the Alumni Association of Father Muller College of nursing. We, on this occasion, can boldly say that we stood the test of time. I wish the Management, Principal, staff and students many more years of prosperity and service to humanity and to society.

**Ms Seema Chavan (Alumna)**

**Associate Professor & HOD, Department of Pediatric Nursing**



It is a matter of great pride to serve the Alma Mater in every possible way and I consider it as a privilege to pen these few lines on the joyous occasion of the jubilee Celebration of the School and the College of Nursing.

I have a special place for the coat of Mullerian shield. My memories fly back to 1995, when I stepped into the School of Nursing at Father Muller's. A new environment, new faces.... everything was beyond my imagination and was challenging. The disciplined, adventurous and happy hostel life was the triggering reflex to adjust myself to society. Untiring services of the teaching and non teaching staff drew me more towards the mission of our institution "Heal and Comfort". The committed, motivated teachers and the prayerful campus boosted me to continue and grow in the profession over the years. Indeed the College of Nursing has been true to its mission to provide relevant and globally competitive professional nursing education and that assures quality care using knowledge and compassion.

Today, the Ferns of college have begun to change its shape especially in the academic and learning environment, to meet the challenges of today. The Department of Obstetrics and Gynecological Nursing urges the staff and students to emphasize on safe quality practice keeping abreast with the emerging new concepts. The research utilization based on compassionate care of the mother and the newborn is the core concern aspect of the department. We the departmental faculty feel privileged to be the a part of the College of Nursing and wish heights of success to the College and to the Management.

**Mrs Pramila D'Souza (Alumna)**

**Assistant Professor & HOD, Department of OBG Nursing**

## **An Interview with Rev. Fr Peter Noronha, Founder Director of Father Muller College of Nursing**

**Good evening Rev. Father Peter Noronha, Could you please tell us a bit of the history of the Nursing Training at Father Muller campus?**

When I came to Father Muller's we had only the school of nursing but we were well known for the quality of education we



provided for our students. Breech Candy Hospital, Bombay was one of the famous hospitals that time. They used to recruit our students even without asking them to appear for an interview. Because of the quality training we gave were famous for the quality care for our patients.

**What were the driving factors for starting a training school/college for Nursing?**

I had visited the United States once where I could meet many of our students who were working there. When I interacted with them I realized that they were struggling there for a career growth as they had only diploma in Nursing. That was the time I decided to start a college of nursing so that our graduates would have safe and secured job opportunities abroad.

25 years ago, when we started the college, there were three clear objectives before us:

1. To give a bright future to the students with the possibility of post graduation and research.

2. To make Father Muller's a pioneer and leader in nursing education at a time when the whole of Karnataka was sleeping over the need.
3. The third objective was purely selfish. The Governing Board felt that B.Sc teaching programme would produce adequate number of graduate nurses to be employed at Father Muller's itself, so that we would continue to be leaders and provide the best nursing care.

I am glad that the three objectives have been realized and the college of Nursing has become a gem of purest ray as the poet said.

**Who were all the other motivating members who were there along with you in establishing this college?**

Father Muller College of Nursing was born out of the sagacity and vision of Bishop Basil, who personally came to Bangalore keeping aside all the work and spoke to the Chief Minister. Earlier days and weeks had been spent planning for the College. The sisters from the School of Nursing were totally taken up with the idea of starting the first ever Nursing College in the private sector.

In no time they created space for the office and the classrooms. A library was quickly developed. We got a very good response when we advertised for the staff. Lt Col. Miss Thiagarajan, an Army Nurse, was a prize catch. She was appointed as Principal. She was a great person and an able administrator. With her experience and military background, she developed and put in place a wonderful system of management to train nurses in compassionate care. It was her efforts that put the college on a sound footing. She was able to look ahead of the times and



ensure that proper conditions were created for the steady growth of the college.

All this was possible because of the vision of Bishop Basil, the support of the Governing Board, headed by Bishop A.P. D'Souza, the guidance of successive Directors and administrators and the staff and students of the college.

**What were the risks and the obstacles you had to face at the point of starting the college of nursing?**

I never dreamt that God would keep me so long to see the Pearl Jubilee of this college. I still remember the day almost 30 years back when I stood in Bangalore, it was biting cold. That evening I made a phone call to Bishop Basil and explained to him why he should come to Bangalore the very next day. We had an appointment with the chief minister, Mr Ramakrishna Hegde in the Vidhana Soudha. We reached there early and waited for him. He spotted us at the entrance, came to speak to us and took us to his office. We explained to him the difficulties we were having in getting permission to start a Nursing College. Our doctors are highly qualified, quite a lot of them FRCP and FRCS, but we had no nurses with B.Sc qualification. Apart from one Govt nursing college in Bangalore, there was no other college in Karnataka state. What impressed the chief minister was the concern expressed by a private institution to upgrade nursing education. Even when the health minister was opposed he was clear that he wanted good hospital care in Karnataka. He immediately called for our file, took out our application and put down his signature of approval.

**How do you feel now watching the college's steady growth to the pinnacle of perfection?**

I watch the growth of this institution like a mother watching the growth of a child. It gives me lot of happiness and

satisfaction that my little effort has made this dream come true. The credit also should go to the Sisters of Charity as they worked in every teaching department of the new college of nursing.

**Is there any other memory of the college which you would like to share ?**

There was a small boy in a school who had to face a test of singing a group song which was to be sung on the school day. He was very much excited and wanted to be chosen, but his mother knew that his singing was rather poor. She feared how the boy would react if he was not selected. In the evening she went to the school gate to pick him and bring him home. The little boy came rushing to her with eyes shining with pride and excitement. "Guess Mummy," he shouted, "I have been chosen to clap and cheer when they finish the song".

This is how I feel today, because I have a feeling that I too have been chosen to cheer and clap. I know that when I clap and cheer the College of Nursing today, I do it sincerely, because, this college has done all of us proud. It has indeed become the pioneer in nursing education and there is promise of greater things to come.

**What would be your piece of advice for the present generation of our campus?**

My advice to them would be to deliver the best quality care for their patients, have love for their Alma Mater and keep up the name wherever they work. Please maintain your leadership and do things which others can follow. Continue learning new things, and look for specializations that are necessary because the world of medicine is changing very fast.

**Good luck and God bless you!!**



## An Interview with Sr Edmund, Former Principal of Father Muller School of Nursing

*Dear Sister,*

**Greetings of the Season from Father Muller School and College of Nursing**

for one year at Delhi again and P.C.B.Sc Nursing course at Father Muller College of Nursing. All this time I worked only at Father Muller School of Nursing and finally



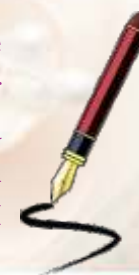
**Could you please elaborate a bit on how you had taken the responsibility as the principal of Father Muller School of Nursing?**

I came to Father Muller's in 1959 as a student of General Nursing and midwifery. 1962 I completed my course and joined as a staff in the hospital in the St Joseph Leprosy ward assisting a physician who came from Switzerland to care for the leprosy patients. In 1965 I was sent to Delhi to do my Public Health Nursing following which I did my Nursing Education course

the responsibility of the Principal was given to me. I have tried my level best to meet the expectations of the management, colleagues and students.

**What all are the memories associated with your experience at Father Muller School of Nursing?**

I always remember fondly the efforts made by the director Rev. Fr Marian Fernandes to initiate a nursing school, to prepare a team to serve the needy and poor. I



always feel privileged to be of the first batch of students at Father Muller School of Nursing as we were only 12 in our batch. As the nursing school was the only teaching unit of our institution at that time we got the maximum concern from everyone. Sr Gonzaga Pinto who handed over the principal's post to me was a guiding force for me always.

**Who were the other faculty members who had worked along with you? Can you remember any one of them?**

Though I am not able to remember all of them, I keep them in my prayer with a thankful heart. Sr Jacintha D'Souza, Prof Victoria and Prof Irene also have worked with me.

**How was the climate of Nursing at Father Muller's those times?**

It was like a one family where everyone had a lot of love, respect, care and concern for each other. Dr Mody, Dr Shetty and Dr Venkat Rao used to take classes for the students and caring for all of us. I remember our directors Rev. Fr Marian Fernandes, Rev. Fr Jacob Lobo and Rev. Fr Peter Noronha who took lot of care of the school of nursing. As I told you before since the school of Nursing was the only teaching institution, all of them had special concern for us. We used to feel very safe and secured with them.

**How would you compare the image of nursing of those times with the present? Do you think it has become a respectable and independent profession?**

I always feel the respect for our profession was there from beginning of my career from the co-workers and society. Society used to wait to get candidates from Father Muller's as they felt they were fully trained in patient care. We were known for the quality of care. Our students were recruited even without appearing for interview. However, now this profession has become more accepted among all the classes of society.

**Do you feel that the present scenario of the institution has fulfilled your dreams? If not where are we lacking?**

Yes, definitely... I never thought my institution would grow so much. Once we started the College of Nursing and Medical College the growth was very rapid and I used to watch that with so much admiration. I always feel proud seeing the growth of my Alma Mater.

**What would be your advice for the present generation of nursing students?**

I always feel nursing should improve more with quality than with quantity. So I would like to tell all that you should have more dedication and love for your patients. You should be more service minded than money minded. I wish everyone good luck for a bright future and wish my Alma Mater would grow still higher!!

**Thank you for spending Your Valuable time in sharing your experiences/ Memories of Muller Life.. and Wish you A Very Happy New Year.**





## A TRIBUTE TO MY BELOVED ALMA MATER



As old as me; My Alma Mater, I have been closely associated with her for almost nine years to take up in diploma nursing, post certificate B Sc nursing and finally Masters in nursing. Each year has had its opportunities and its challenges but always ended with the prospect of another year of learning.

My college is the cradle of my nursing education I chose for myself. This is the campus where I learnt what is to be an adult, how to think more broadly and how to consider ideas from outside my own imagination. The practical experience taught me to lay down my life for patients and that may be the reason why even today I feel being a dedicated nurse was far better and joyful one than being a nurse educator. I really miss the painful smile on my patients face, their waiting for my arrival to the ward after availing my duty off is still ever green in my heart.

I adore you my Alma Mater because on your lap I learnt more than just how to write a term paper in eight hours or less, I learnt when it was necessary to gain lifelong friendships, but I also learnt how to cut out the people who had become toxic. I learnt to apologize, and to forgive. I found my perfect place of study (stairs of old water tank near the leprosy ward, good bye).

When I feel blessed about what I have achieved, my mind automatically takes me to people and events that I am grateful to. The one month long night duty with two duty offs, taking over the ward in-charge still being a student, many rotations of duty in psychiatric ward ,waiting for parents visit on Sundays, evening practice of throw ball in front of our hostel, the evening music classes by Rev.Fr Albuquerque, the x'mas carols from ward to ward and the evening rosary at the reception counter are some of my fond memories which I will always cherish . While having a deep sense of gratitude to my parents, family, friends and social contacts, one major aspect that made the difference to me is my beloved Alma Mater FMCON. One cannot ask for a better place than FMCON to shape up a young mind and body to become prepared to take on the world.

Heal and Comfort being the motto of this great institution, the Anthem based on it was very first taught to our music group and today the hospital is rendering its best services based on this motto. Oh my Alma Mater I owe a lot to you, your name will ring to the sweetest rhapsody because we your children love you and glorify you, for you made us ready for a brighter tomorrow. We are very grateful that we became the predecessors of good will under your tender protection.

I am greatly indebted to my Alma Mater and wish many more years of rendering fruitful service to mankind. On the occasion of its great milestone celebrations that are coming up in a few days I congratulate everyone at FMCON who have made many dreams come true.

### **Mrs Mariette D'Silva**

**Alumna and Former Vice Principal,  
Father Muller College of Nursing**



I am glad that Father Muller School of Nursing, my Alma Mater is celebrating diamond jubilee of it's fruitful existence and service to nursing community. On this auspicious occasion I would like to congratulate the Principal, Vice-Principal, staff, students, editor and the editorial committee for making immense efforts in designing and publishing this souvenir. I pray choicest blessings of the Almighty on all of you. May your efforts be blessed abundantly.

### **Mrs Mary Lasrado (Alumna)**

**Nursing Superintendent  
Father Muller Medical College Hospital**



## IN MY MEMORY LANE ....



It was the vision of the founder Fr Augustus Muller that the services rendered in his hospital should be excellent. As this hospital grew there arose a need to start a school of nursing. The Director Fr Marian Fernandes along with Sr Maria Theresa started the work of starting a school of nursing at Fr Muller's. Initially Sr Maria Theresa had to run from pillar to post to start this school. The people of Mangalore were convinced that the Sister's motivation was 'the development of the hospital and the welfare of the patients' who were admitted to the hospital. So they came forward to help to build the school with their help. (Especially the relatives of Fr Marian Fernandes)

At last the nursing school was started with just 12 students. They needed good classrooms and demonstration rooms. Sr Maria Theresa with her creative mind provided all the needs of the school with one intention that the nursing students schooled here should be the 'Best' both in skill and knowledge.

In spite of the hardships and inconveniences of those days she was happy to teach repeatedly the slow learners. Her aim in the teaching apostolate was to help the poor students to pass with good marks and to develop good skills in the nursing procedures, and thus help them to have a better future. Her selfless services and sacrifices are note worthy. The school secured 100% results with many ranks for her hard work year by year.

Earlier there were a few experienced teachers like, Dr Venkat Rao, Dr Mody, Dr T.K Bhat, Dr K.S Shetty and others. They taught the students the medical subjects. Sr Edmund D'Souza and Sr Maria Theresa taught nursing subjects in theory and practice. Sr Maria Theresa strict as a teacher, was greatly interested in the welfare of her students and would not stop her classes until all the students grasped the subject matter. She never gave up; looked ahead; stayed positive and did all she could for the betterment of the school of nursing. She used to make rounds in the wards and observe her students performance in the care of the sick. She taught the students that each patient who entered the portals of Father Muller should be treated as her own Father/ Mother/Brother or sister and their nursing care should be excellent.

Sr Maria Theresa lived a life of faith. In all ups and downs of life she trusted the Almighty and went about doing her administrative as well as teaching work. Often she took 4 hours of class a day excluding practical demonstration classes.

Sr Maria Theresa has carved a niche in the hearts of many of her students. The good memories she has left behind have been etched in our hearts. She inspired her students to give their best in the service of the sick. Here I recall a quotation from the letter of St. Paul "You may sow and another reap while God makes all things new"(1 Cor 3:7) Sr Maria Theresa has provided fertile soil in our hands. Isn't it our responsibility to be good stewards of this healing Mission? The generous service which each one of us render will be remembered by people and they will be prompted to contribute their share as well for the good of society.

A dear friend, Sr Maria Theresa has left the stage of this world long ago but she lives in our hearts and minds. It is not her span of life that matters but the life witness she gave, which speaks to us volumes in silence. It speaks louder as we nurses continue to walk in her foot prints.

Her legacy is carried forward by generations after generations inspiring millions of young girls. The eloquent example of Sr Maria Theresa a person of substance and an authentic witness of love and service will continue to inspire many of her dear nursing students.



To you dear Sr Maria Theresa  
For your assiduous work  
It is a great pleasure  
To recall your generous service for the progress of the school  
As it's First Principal  
Each work you undertook in an awesome piece!  
May God bless the School and College of Father Muller  
Which you pioneered to walk its motto "Heal and Comfort".

**Sr Flora D' Souza**

Former Principal, Father Muller School of Nursing

Former Professor and HOD, Department of OBG Nursing, Father Muller College of Nursing



I remain grateful to God Almighty and very proud to say that I was born and brought as a nurse in FMSON. As a new born in the professional field I was nourished and cherished with love, care, empathy and sympathy by the Sisters of Charity, Management and Staff. The seed of selfless service which was sowed in me by the above great people in now grown as a wide tree with roots, branches, flowers and fruits, which will continue to support, shade and share till my last, where ever I am, how ever I can, to whom ever I come to contact "remain as a good nurse of FMSON till the end" this was the valuable teaching of my principal (L) Rev. Sr Maria Theresa. My heartfelt thanks and all the very best to the Management, Principal College of Nursing and the Organization.

**Mrs Cheriyaol K Nair (Alumna)**

Rtd. Nursing Superintendent

Father Muller Medical College Hospital



It is indeed a great joy to be a part of the Jubilee Celebration of my Alma Mater. I was privileged to pursue my post- graduation at Father Muller College of Nursing, where I came across inspiring teachers who continue the bond even today, wherever they may be. It was but a natural choice for me to begin my career here as a novice lecturer . I had the privilege to serve at all cadres in the career that lasted fifteen long years at my Alma Mater. Every responsibility and student interactions helped me learn and master the essential skills. I at the personal front became better organised, hardworking, communicative and mature. I could well exhibit independent thinking skills to the maximum without fear of repercussions. I could very well relate my professional growth with that of the Alma Mater, which was very satisfying. No doubt that the skills I learnt at the portals of my Alma Mater guide me every day. I fondly cherish the memories of the time spent with my dear students and colleagues and visible effects / influence of such interactions. I wish the Institution reaches further heights in the years to come. God bless us all.

**Dr Leena K C (Alumna)**

Dean

Yenepoya Nursing College, Mangaluru.



## MY JOURNEY & MEMORIES IN FATHER MULLER



It gives me joy to say that, next to God Almighty, I am indebted to Father Muller School of Nursing & Hospital for the second lease of life I have been blessed with.

My memory of Father Muller School of Nursing goes back to July 1<sup>st</sup> 1984, when the wide opened gates of FMCI, welcomed me with a dream of becoming a Nurse. My batch was 40 in number and we were blessed with 8 nuns. We all were welcomed by the Principal Sr Gonzaga, with all the rules and regulations of hostel and hospital and then we were introduced to the dormitory by the senior staff called Mess Manager. First two days went with no much worry and then slowly all started feeling home sick. If dormitory No. 1 started to cry, then it ending with dormitory No. 32 (only girls).

**PTS PERIOD:-** First 3 months was our preliminary training period, OMG, with white sari and hair condo, daily to the mass, then breakfast and straightaway to ward duty. I used to get up at 4 in the morning to tie the hair condo with my long hair below knee and sari which was very new to me, after trial and error I succeed but reaching late for mass which made my Principal to raise her eyebrows and stare at me made me to shiver. So this hair condo problem made me to cut short my hair to the shoulder level.

**CAPPING CEREMONY:-** After the completion of the preliminary period of both theory and practical, we had the Capping ceremony on October 31, which changed our dress code from sari to white pant shirt and white cap. Mrs Indira Gandhi was shot dead on this day.

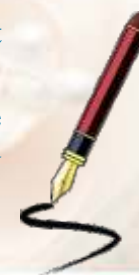


**HOSTEL LIFE:-** Initial days of hostel life were very tearful because of the ragging by the seniors. Slowly we too adjusted to it and it is our batch that made up its mind to stop the ragging which still followed. Evening we were enjoying Rosary, recreation, charismatic prayer service and Friday's adoration by Fr Joe Mary Shenoy. We also had the duty of mess manager, gardening and watering as per roll number. Sunday was our most awaited day by our parent's visit who got a variety of eatables. Same evening we all friends used to have a kitty party by bunking the recreation. Watching chitthar on each Friday and movie on Sunday along with the leprosy patients in the skin department was memorable one. Brinjal was the common vegetable in the cafeteria which we named as Fam Brinjal. Hotel Costa and Venus Café was our favorite food corners.

**DIRECTOR & OUR TUTORS:-** Fr Peter Noronha was our director who was loving & kind hearted. The Institution celebrated its golden jubilee during our stay. We all were waiting for his Christmas gift which included a variety of things. Fr Patrick & Fr Stany Tauro were our assistant directors.

Sr Loredana, Sr Anne Rose and Sr Gonzaga were our best tutors who taught us Nursing Arts, Medical Surgical Nursing and OBG subjects. Because of their vibrant knowledge and expert hand skill today we are shining all over the globe, including me in FMCI.

**HOSPITAL & STUDENT LIFE:-** Our day in clinicals started with prayer, night report reading, bed making, sponge bath, enemas, injection and iv infusion through butterfly needle. We had one month night duty posting with one senior. Our procedure tray was up-to-date because of the fear of Sr Cheriyaol surprising rounds. Working in the leprosy & surgical wards by doing the wound dressing was my job satisfaction. Working in psychiatric wards was



challenging. Taking care of the chest ward (TB) with one hospital aide was very scary, which was at the corner of the campus.

**LIFE STILL CONTINUES.....**-When I was In-charge of ASHA KIRAN IV floor one fine morning I received a patient with appendicitis for admission. I sent two students to prepare the bed for him. After a little while I went to the room to introduce myself to the patient, I was not satisfied with the admission bed. I showed the procedure to the students, the patient who was watching me, asked "Sister, instead of teaching two students, why can't you teach a group of students?" I was motivated by his words and again I started my student life after a long gap of 18 years and I completed my PBBSc Nursing degree with distinction. With this I started my teaching profession in FMCI. Today I can proudly say that I am the happiest person in the Mullerian Family, where I can serve the suffering humanity and educate the young minds by teaching good values of life and profession to take care of the sick and the disabled.

Thanks to all my tutors & FMCI.

**Mrs Nathalia D'Cunha (Alumna)**

**Assistant Lecturer, Father Muller School of Nursing**

## MEMORIES OF MULLER'S



I belong to the 1995-98 batch of Diploma in General Nursing and Midwifery.

The teachers imparted knowledge and hands-on training, helped to develop skills in nursing procedures. I still remember the anatomy class test which was conducted every Monday by Sr Edmund. During the clinical exposure, the teachers supervised us and saw that we learnt the right way and have a deeper understanding of what it means to be humane while giving patient care. They encouraged us to take part in extra-curricular activities. The School of Nursing has provided us a lovely dynamic environment facilitated with a true teaching and learning system and well equipped infrastructure. It encouraged us to acquire knowledge and experience with dedication, discipline and diligence.

We enjoyed our stay in the hostel and it was like a second home for us.

I still cherish the memories of Carmel Day which was celebrated in July and the gardening we used to do on Sundays. Besides academics, the spiritual nourishment was given importance i.e. daily mass, prayer meetings and adoration in the St Joseph Chapel. I would like to thank my mentors, Rev. Sr Edmund D'Souza, Principal, Sr Stella, Sr Flora, Prof. Mrs Victoria D'Almeida, Prof. Mrs Irene Alvares and other faculty members for their guidance and motivation.

I did my Post Basic B.Sc Nursing in the year 2000-02. The college provided us value based education, sharpened creative ability and enabled developing an all round personality. I would like to thank Rev. Sr Loredana Korah, Principal and the faculty of the College of Nursing for helping us to enrich our knowledge in the field of nursing.

Muller's has taught us the art and science of human caring, to value life, to develop competencies and right attitude. I will never fail to recall how we were back in college; how we were molded into what we are now. It was a training ground on which a successful career would be built.

**Mrs Lolita S. M. D'Souza (Alumna)**  
Principal, SCS College of Nursing Sciences, Mangaluru



## DOWN MEMORY LANE.....

“Father Muller's”, is a name I uphold and shall cherish all my life. I entered the portals of Father Muller Institution way back in 1993 for the first time, uncertain, anxious yet hopeful to be a part of this great institution. As a student everyday was a new challenge. What I liked about the challenges at Father Muller's was that the atmosphere made us accept our challenges most gracefully and cheerfully. I never felt overburdened by academics. As I ponder back I realized that I really enjoyed studying new cases, writing creative assignments, designing clinical plans and participating in various competitions. The spiritual upliftment through the daily morning mass, Thursday prayer meetings and Friday adorations is what I believe has poured out many blessings on my family and me even upto this day. We had teachers who were passionate about teaching and our welfare. Dedication to teaching is what I learnt from them. Sr Annrose, Sr Dhanya (Ms Selinamma) laid for us a strong foundation of Fundamentals of Nursing. I remember with gratitude their tireless efforts to watch over us as we rendered patient care and the words of Sr Annrose continuously echo even today in our minds, “What you become after four years is a question mark for me. I fondly remember my first class in community health nursing where one of my most inspiring teachers Sr Jacintha told us to open our note book and write on the first page, “We trust each other.” I still remember to keep up this relationship of trust as I deal with my staff and students today.

It was not only studies, but also our stomachs that were taken care of so devotedly by Late Rev. Sr Odelia, who used to bargain unceasingly with the vegetable merchant at the central market to make our food tasty and mess fees friendlier. I would like to share another very rare incident. It was not about studies, nor about procedures, nor about advises but it was purely an action of love and care....One Sunday morning as I returned to the hostel after the Holy Mass, I was pleasantly surprised to smell the aroma of delicious pork and sanna. It was Ms Juliet Baretto (our growth and development subject teacher) who cooked and brought it for us as she knew that we were never served pork in the hostel and pork is Mangalore's favourite dish. No birthday, no anniversary....yet it was a day of feasting for all of us.



I finished my graduation in 1998, and then served at Father Mullers as tutor until 2001. In 2001 I joined for MSc Nursing and completed it in 2003 by securing the first rank in the university .... all credit to my Alma Mater. Later on I completed my M Phil (2007) and then my doctorate (2015). Though many years have flown by yet I have the same warmth in my heart whenever I enter my favorite campus....Father Mullers.

### **Mrs Jenifer D'Souza (Alumna)**

**Professor and HOD, Department of Community Health Nursing  
Laxmi Memorial College of Nursing, Mangaluru**



We the alumni working in different hospitals at Dublin, Ireland thank the Management, Principals, teachers and students and other stakeholders who toiled hard for the success.

Hoping to participate in Golden Jubilee of the College and Centenary of the School.

**Dr Savitha Pramilda Cutinho (Alumna & Former Faculty)**  
Staff Midwife,  
Coombe Women and Infant University Hospital, Dublin **46**



**'Education is the most powerful weapon which you can use to change the world'**

**Nelson Mandela**

We the ambassadors of the College and School of Nursing are standing at the base of Eiffel tower stretching our neck to view the height of our Alma Mater that continues to rise and touch the tower.

The greatest stars are those who shine for the benefit of others having in mind that " Excellence is Never an Accident "

The alumna writes

"The most important thing I learnt while attending Father Muller School of Nursing was how to be a good nurse with compassion and caring."

**Diana Rodrigues (Alumna)**

## **ESTABLISH, BUILD AND ACCOMPLISH YOUR GOAL: REMAIN GRATEFUL TO THE ALMA MATER**



Nursing is a unique profession which offers wide range of opportunities. There are a number of individuals who play a key role in establishing your goals, building your dreams and helping you to accomplish it over a period of time. This involves our teachers, clinical personnel, peers, families, friends and the 'Patients/service users' under our care. The motto of our Alma Mater 'Heal and Comfort' has always helped me to remain focused on the core values i.e. Compassion, Care and Commitment.

These values have also been emphasised by the Nursing and Midwifery Board of Ireland (NMBI, 2016) and my current employer i.e. Health Service Executive.

Everyone recognises 'Nursing' differently. Some view it as an 'art' while others perceive it as a 'vocation' and others distinguish it as a 'profession'. However as a Registered Nurse 'Nursing profession' has provided me with the 'art' of knowing the 'Person'; 'Vocation' to care for the patient as it is clearly mentioned in the Holy Bible 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' (Mathew 25:40). As a 'Profession' enabled me to provide care based on the evidence based guidelines and protocols. It has enhanced my knowledge, skills and enabled me to provide holistic and Person-centred Care, maintain transparency, commitment to patient safety and Continued Professional Development. The seed of 'Nursing' that was sown in August 1995 has flourished and today it has grown out to be a tree bearing fruit abundantly passing that wealth of knowledge and skill to many others. This has been a journey of my nursing career from being a 'Staff Nurse' to the current position of a 'Nurse Tutor'. This is the reflection of the education, experience and the values that the 'Alma Mater' has imparted. The constant support, best wishes and the reassurance of batchmates cannot go unnoticed. Moreover when you are surrounded by the family who upholds Christian values of 'Love' and 'Forgiveness' helps to nurture your personality and cherish your ambition.

'Nursing' has evolved and 'Patient care' has advanced tremendously over the years. Generations of nurses, who studied in this prestigious institution have reached different milestones in life. The core value which holds the value of 'Alma Mater' is the 'Heal and Comfort' in light of the Holy Scripture. Proud to be a Mullerian!

**Mrs Veena Janith Lasrado (Alumna)**  
RGN, RM, RNT, FFMRC SI, Ireland



## SWEET MEMORIES OF MY ALMA MATER



I am a proud Mullerian who was a Post Graduate student in Nursing during 1998-2000. As the prestigious Institution of unmatched excellence in the field of nursing education celebrates its jubilee on 19<sup>th</sup> January 2018, I wish all the very best to my parent Institution and pray the Almighty to shower His choicest blessings on each member of the Father Muller family.

I have joined Father Muller College of Nursing both by chance and by choice. Throughout my educational period upto my graduation, I have been trained in government institutions. All of them had a similar atmosphere and I have enjoyed the unlimited freedom they gave to the students during those days. Before joining FMCON I had a misconception that education in a private institution, that too one like Father Mullers will be really suffocating. But after completing my post graduation from FMCON as the best out going student of my batch, I have realised that I would have missed my Alma Mater if I had joined elsewhere. Now I am proud to be an ambassador of my parent institution wherever I go. When we say that we belong to Father Mullers family, we really mean it. The quality of education and training I received from FMCON, the exposure I got, the love and affection I got from my beloved teachers and the immense support from the Management which gave me an opportunity to be a part of my Alma Mater as a faculty member later, everything still remains in my mind as nostalgic memories. The variety of programmes which we organised as well as attended in the silver jubilee hall really helped me in organising many such programmes later. The elements of a good speech was learned by me from the countless speeches of the Director, various Administrators and other dignitaries who shared the stages of Father Mullers. All these have helped in moulding me as a professional nurse and teacher. The total ambience of Father Muller campus is something different and my occasional visits to the campus for some functions is really rejuvenating.

I wish and pray that FMCON be there in the pivotal position in the field of nursing education and compassionate service in the future years to come also.

### **Dr Sunil Moothedath (Alumnus)**

**Professor and HOD, Department of Child Health Nursing  
Amrita College of Nursing, Kerala**

We have completed 18 years in Father Muller's and it's been a remarkable experience for us. We truly say that it is a prestigious Institution and we are blessed to be the members of this mighty Institution.

When we joined the Father Muller School of Nursing in 1999, it was a small building which was attached to our dormitory. Life was very different. We still remember the Director Rev. Fr Baptist Menezes, who recognizes each of us by our names; and smiled at us to give us a smile while we were around.

Today, we feel glad about the growth Father Muller School and College of Nursing and feel proud when we see hundreds of Nurses come out with flying colours, who are trained well to be our brand ambassadors.

Even till date, Nurses studied and worked at Father Muller's are highly demanded worldwide. All of our batch mates are well settled and holds high designations wherever they





work. We pray to God almighty to shower all His blessings upon the Management, Faculty and students. Let the name and fame of Father Muller Institutions shine high all the time.



**Ms. Joseline Laveena D'Souza, Ms Gracy & Ms Anitha**  
Staff Nurse & Batch mates, 1999-2002

## AN ATTITUDE OF GRATITUDE TO OUR TEACHERS WHO MADE A DIFFERENCE..



*“The work of a teacher who through patient toil, intelligent instruction, sympathetic guidance and wholesome discipline has to fashion the minds of generations of the young is, by far the most responsible one”*

Dear teachers, you have given us your knowledge, wisdom, skills and all the qualities which helped us to understand the reflections of life. There were the times when we really doubted ourselves & lost hope during our initial clinical postings. But you always seems to be there and helped us to get back. You wiped our tears and joined in our laughter.

You always accepted us as we are with our faults and failings, our strengths and weakness, encouraging the good in us and weeding out our bad. In moments of conflict and doubt, we looked up to you for your guidance and when you extend this to us we feel consoled and strengthened. You encouraged us in academics and also in extracurricular activities and picked up us when we do not succeed. You guided us, motivated us and moulded us so that we now made our life on our own.

Thank u for making the difference...

**Mrs. Lavina Rodrigues (Alumna)**  
Lecturer, Father Muller College of Nursing



When I feel blessed about what I have achieved , my mind automatically takes me to one major aspect that made the difference to me is my Alma Mater "Father Muller College of Nursing". My Alma Mater is known as "The Cradle of Excellence" unique indeed.

One can't ask for a better place than Father Muller's to shape up a young mind and body to become prepared to take on the world .

My Alma Mater, created countless opportunities for me, taught me life long lessons, no other would have taught me.

Thank you My Alma Mater. I am proud to be a Mullerian.

**Dr Diana Lobo (Alumna)**  
Professor and HOD, Department of Fundamentals of Nursing  
Laxmi Memorial College of Nursing, Mangaluru





I'm proud to be a product of Father Muller's. My Alma Mater gave me a firm educational foundation which made me what I am today. My Alma Mater comprises half of my life because as a novice I entered to diploma and mature I came out with post graduation. It has contributed much to my personal development, transforming me from carefree young woman to a responsible citizen today. In this journey of my life I remember all my mentors who have moulded me the best I can be and gave me a sense of pride. I would like to thank them all in a special way. Before I conclude I would like to share the quote by **Samar Mubarakand** "wherever you go whatever ends you persue, you must always fulfill the trust reposed in you by your Nation, your parents and your Alma Mater'.

Thank you

**Mrs Sandhya B. D'Almeida (Alumna)**

Associate Professor & HOD, Department of OBG Nursing  
Laxmi Memorial College of Nursing, Mangaluru

## A THANK YOU NOTE TO MY ALMA MATER

Me being a proud Mullerian, take pleasure to look back at those beautiful days we had together. I find it hard to organize a million memories flashing through. Anyway let me. I entered the campus as a stranger with crowded apprehension in late September of 2003. Soon I found myself harvesting ambient energy from those around me. It took only few days for me become a member of Father Muller family. I fondly remember our then Director Rev. Fr Baptist Menezes, a leader who had taken Father Muller to further heights. He was close enough to relate to everybody around and far ahead to visualise the future. I am thankful to him for his kindness. Rev. Fr Lawernce C D'Souza, then Administrator who set himself as a personal example of a leader, who always inspired others to reach the sky. Fond recollection of those good old days.

I bear a nostalgic lingering to Father Muller College of Nursing. Our Principal Sr Jacintha D'Souza led our excellent faculty. She touched our lives with her generosity and kindness. I remember our batch mates quoting her as "the most beautiful person of the campus" because of her kindness towards all of us. With pride I personally appreciate her love to me. Sr Winnifred D'Souza, then Vice Principal deserve a special note of thanks for her love to us.

Our faculty were an excellent team with Madam Chanu, Madam Marie Pinto, Rev. Sr Ann Rose, Madam Prema, Rev. Sr Alphonsa Ancheril and other dear teachers who led us to glorious victory. We owe it to our wonderful teachers. Thankyou.

Mullerian days were days of celebrations. My classmates were a group of people who made smile a little brighter. I fondly preserve memories of friendship with Treesa, Manju, Georly, Smitha, Ceena Aunty, Sr Liza Paul, Sr Remya, Sr Jaisy, Sr Sherly, Sr Treesa, Sr Therese, Sr Barthalomea and all dear Sisters and other classmates. Remember Dalia, Manisha and Elizabeth and countless number of crazy friends.

Soon I found things were not turning out as planned. But I thankfully remember how Father Muller Family supported me to get things put together and fix it as they were before. Thank You so much for your prayers, concern and love. Because of you all I smile today. Thanking you for supporting me to stand again and grow. I acknowledge the great support extended by Rev. Fr Baptist Menezes, Rev Fr Lawernce C D'Souza, Sr Jacintha D'Souza, all dear teachers, Sr Shyla, Madam Sybil and all dear friends. Me and my family remain deeply indebted to you for



everything what you have done. Thank you for teaching me that prayer makes wonderful changes in life.. I am thankful for the unfailing trust you placed in me.

Although this note is written by me, this note belongs to all nineteen of us. Over the course of a couple of years after leaving Muller's life has changed a lot. Even though we did not have daily conversations we always felt being together, We remain deeply beholden to you dear Alma Mater. Let Muller's soar high.

**Mrs Asha Shivaraman (Alumna)**

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Dear,

Alma Mater



Though we left you for our goal  
We still remember you in our soul  
Time has taken us far and wide  
We can still feel the warmth inside  
The memories that unite us will never be forgotten  
For it is the bond that we share in common  
And you are the one who define who we are  
For whatever we have achieved today are all because of your power

**Mrs Joyce Fernandes (Alumna)**

Lecturer, Father Muller College of Nursing

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Our undergraduate days in Father Muller College of Nursing were the most awesome, evergreen days of our lives. Father Muller College gave us a lot of opportunities to excel in academic and non-academic aspects. We learnt more than just nursing. We learned to be empathetic, to love and to care. The training offered by FMCON is outstanding and helps us to be the best of nurses.



We THANK YOU all Lecturers, Principal, Nursing officers and Non-teaching staff who struggled to shape our lives and supported us at every step. Though we are far away from each other, our hearts are deeply rooted in one place and that's FMCON.

**Ms Carol Sofia (Alumna)**

Operation Theatre Nurse  
Magrabi Hospitals, Riyadh





## EVERGREEN MEMORIES...

My memories about Father Muller College of Nursing are always a green experience. Long Ten years after the graduation and even after working for three years as the Principal of a newly opened School of Nursing it was a tough experience to reopen the chapter of studentship as a Post graduate student. My three year old kid and husband were far away in Kollam, the south part of Kerala. But what I first felt was that I was in the safe hands of the legacy of a great institution. The support, environment, and guidance given by the faculty team attracted me very much and it created a feeling of home away from home. The healthy relationship, guidance and interactions from the resource persons of the Father Muller family headed by the Director Rev. Dr Baptist Menezes and Principal Sr Jacintha D'Souza helped me to undergo the process of unlearning and relearning without any stress. The real remoulding process of my personality underwent easily and smoothly. My eleven batch mates gave me a rare experience of loving, respecting, caring and sharing with each other and it created a family environment both in the classroom and hostel. It was really an example of unity in diversity. Our teachers; the Knowledgeable resource centres influenced us to transform ourselves into excellent teachers, administrators and clinicians.

The towering personality of our most respected Director Rev. Dr Baptist Menezes played a key role in redefining the meaning and purpose of life. His highly motivating speeches and innovative and creative discourses on value education had an everlasting impact. His method of presentation and powerful and influencing voice modulation is still there in the mind with sparkling beauty.

The curricular, co curricular and extracurricular activities were unique and they played a vital role in developing the soft skills essential for an educator. The whole campus including the clinical settings, stage programmes, community development activities and module preparations were practical for developing creativity, conceptualisation and critical thinking in nursing education.

I am sure that whatever things I experienced at Father Muller College of Nursing had a deep impact on me. My friendly approach to students and proactive personality as a social being are the result of this positive impact.

Let me explain my wonderful feeling when I was in the campus from 27<sup>th</sup> to 30<sup>th</sup> of December 2017 as the delegate of an International Youth organisation titled JCI. The wonderful International Convention Centre, New College building and the most modern layout and designs... Really I was proud and thrilled to introduce my friends from all parts of India that I am the product of this great Institution. With nostalgia I was experiencing the warmth and wonder on their faces. They were in wonder not only because of the infrastructure but also the professional way of maintaining the campus. When I was walking alone in the campus the memory of many of my beloved teachers and sincere friends came to mind. All of them supported me in every way they could at the time of my difficulties. Thanks to everybody for cultivating a culture of positivity.

**Mrs Preetha S (Alumna)**  
**Asst. Prof. Govt College of Nursing**  
**Thiruvananthapuram**



## JOINING BITS AND PIECES FROM THE CORNER OF MY MIND



My life's ship sailed across Father Muller Institution when I joined FMCON in 2008. Hesitation and anxiety never abandoned me as I dragged my feet around the college in 1yr. Being naughty and ambitious was my style. Every challenge made me stronger and I literally pushed myself through the years excelling in everything by the grace of God. I bloomed petal by petal every single day for which I am grateful to my tutors of FMCON (with whom I am in touch till date) for their inspiration and appreciation.

I spent the best time discovering my talents here. I was given opportunities to develop my skills and I bloomed even more. Singing, dancing, Mimeshow, Mad-adds were not just entertaining but taught lessons of self confidence and team work for life. I am happy I lived these memories and will cherish them forever.

FMCON built a foundation for my career as I learnt the basics of human body and Health. I was actively involved in Primary, secondary, and tertiary prevention gaining hands on skill.

Today I am pursuing my career in Public Health far away from my motherland. But the love and blessings of my tutors has made me capable of reaching great heights. The Lord has been kind and compassionate to me throughout my journey and as I write this I take this as an opportunity to thank all those who supported, guided and stood by me in all times.

Special thanks to Sr Jacintha, Principal FMCON whom I look upto for believing in my strengths.

I wish all the students a bright future ahead. LIVE EVERY MOMENT, WORK VERY HARD. LET YOUR SUCCESS SPEAK!

**Ms Jyoshma Preema D'Souza (Alumna)**  
Phd Scholar, Public Health, IPSY, Universite Catholique de Louvain,  
Louvain-la-Neuve, Belgium, Europe



I am extremely happy to hear about this achievement of my Alma Mater and I look forward in joining the celebration. I will definitely contribute to the souvenir. I owe a lot to the Institution and my teachers as the knowledge, experience and the courage I gained has taken me to greater heights of success. I wish good luck to all of you and many more rejoicing years.

With Love,  
**Ms Viola Patrecia Prabhu (Alumna)**  
Highway 8, Caledonia, Nova Scotia, Canada



Congratulations to Fr Muller Charitable Institution... Really it deserves this achievement... It was wonderful studying and working in this esteemed Institution... It not only nurtured me in my professional career but also helped me to become a responsible , God fearing and helpful person in life.. A big salute to this wonderful Institution and to all those working towards a common goal.... Thank you...

**Mrs Tina Sequeira (Alumna)**

## ಚಿರಋಣಿ ನಿನಗೆ

ನೆನಪಿನಂಗಳದಲಿ ..... ಫಾ. ಮುಲ್ಲರ್ ಶುಶ್ರೂಷ ವಿದ್ಯಾಲಯದಲಿ  
ಮರೆತೆನೆಂದರೂ ..... ಮಾಸಲಾಗದ  
ತೊರೆದೆನೆಂದರೂ ..... ಬಿಡಿಸಲಾಗದ  
ಸಮಯ ಕಳೆದರೂ ..... ಹಳೆಯದಾಗದ  
ಸವಿ ನೆನಪಿನ ಸುಮಧುರ ಚಿತ್ತಾರ ..... ಇದು ಸುಂದರ ಸುಮಧುರ  
ಜ್ಞಾನ ಭಾವದ ಭಂಡಾರ

ಜ್ಞಾನವೆಂಬ ಹಣತೆಯಿಂದ ವಿಜ್ಞಾನವನ್ನು ಕಲಿಸಿ,  
ಅಜ್ಞಾನವನ್ನು ಓಡಿಸಿದೆ.  
ಗುರುವೆಂಬ ಜ್ಯೋತಿಯಿಂದ ಶಿಷ್ಯ ಕುಲವ ಬೆಳಗಿಸಿದೆ  
ಅಮೃತಂತ್ ಪ್ರೀತಿ ತೋರಿ, ಅಪ್ಪನಂತೆ ಧೈರ್ಯ ತುಂಬಿ  
ನಮ್ಮನ್ನು ಮುನ್ನಡೆಸಿದೆ

ಜ್ಞಾನದ ದೀಪದಿ ನಮ್ಮನ್ನು ಬೆಳಗಿದೆ  
ಜೀವನ ಪಾರವ ಅಂದದಿ ಕಲಿಸಿದೆ  
ಕಷ್ಟವ ಎದುರಿಸುವ ಧೈರ್ಯವ ತುಂಬಿದೆ  
ತಾಳ್ಮೆಯ ಜಾಣ್ಮೆಯ ನಗುತಲೇ ತಿಳಿಸಿದೆ  
ಸಂಶೋಧನೆಯ ಬೀಜವ ನಮ್ಮಲ್ಲಿ ಬಿತ್ತಿದೆ  
ಪುಶ್ಚೆ ಕೇಳುವ ತರ್ಕವ ನಮ್ಮಲ್ಲಿ ಬೆಳೆಸಿದೆ  
ನೀ ..... ಜ್ಞಾನ ವೃದ್ಧಿಯ ಸೂತ್ರವ ಕಲಿಸಿದೆ.

ಚಿರಋಣಿ ನಿನಗೆ ಎಂದಿಗೂ ನಾವು  
ಮರೆಯೊಲ್ಲ ನಿನ್ನ ಕೊಡುಗೆಯ ನಾವು  
ಧನ್ಯ ಭಾವದಿ ನಮಿಸುವೆವು ನಾವು

ಬೆಳ್ಳಿ ಸಂಭ್ರಮದ ಶುಭಾಷಯ ನಿನಗೆ  
ರಜತ ..... ವಜ್ರವು ಸರಿಸಾಟಿಯೇ ನಿನಗೆ  
ಶುಭವಾಗಲಿ ಎಂದು ಹಾರೈಸುವೆ ನಿನಗೆ  
ನಿನ್ನಯ ಹಾದಿಯು ಸ್ಪೂರ್ತಿ ನಮಗೆ

ಇಗೋ ..... ನಿನಗೆ ಸಹಸ್ರ ಸಹಸ್ರ ನಮನಗಳು ...  
ನನ್ನ ಎದೆಯಾಳದಿಂದ ಹೃದ್ವಾರ್ವಕ ಅಭಿನಂದನೆಗಳು.

ಇತೀ ನಿನ್ನನ್ನು ಗೌರವಿಸುವ ವಿದ್ಯಾರ್ಥಿ

ಬಲರಾಮ ವಿ. ಆರ್.



**Mr Balarama V R (Alumnus)**  
M Sc Nursing (2008-2010)  
& Former Faculty  
Father Muller College of Nursing





Father Muller College of Nursing  
My Alma Mater,  
the space setter,  
the home for all.

How you have produced distinguished sons and daughters,  
Catapulted them to greatness,  
Making the sky their starting point.  
Your memories remain fresh in my mind.

I remember the first day I put my feet at your conspicuously beautiful gate.  
Delighted, I was, by the hospitable welcoming,  
the seraphic smiling faces, the serene environment,  
your willingness to nurture and prepare me for the future.

Esteemed FMCON Teachers,  
Who were exceptionally lovely and caring,  
taught with great dexterity,  
and instilled in us knowledge and power.  
I remember how generous they were,  
Larvishing us with pieces of advice and knowledge,  
which we needed then, most.  
Though, we erred sometimes, they forgave us;  
Indeed, FMCON Teachers are the best.



Oh! My Alma Mater, my second family.  
You created countless opportunities for me,  
you taught me lifelong lessons, no other would have taught me.  
You exposed me to diverse characters and personalities, which contributed to building my 'SIMPLE'  
personality.  
You incorporated in me boldness, and chased away my timidity.

My Alma Mater, the cradle of excellence,  
the mother of world's great future leaders, of great men and women  
Mother of the best.

FMCON, indeed.  
I Salute

My honored Teachers,  
All other members of the staff,  
my lovely classmates,  
My Alma Mater.

**Original Author: OGBODO A. C. MARK**

**Modified By: Ms Sonia Karen Liz Sequera (Alumna M.Sc Nursing (2011-13)**

**Lecturer, Father Muller College of Nursing**



## MY JOURNEY...



It's my pleasure and a proud moment when my Alma-Mater is ready for Jubilee celebrations & that makes me recognize the contributions this mighty institution has done in the journey of my life. I owe my gratitude to this college as it shaped me for what I am...as a person. Congratulations to the Management, Principal, teachers, students and all the alumni of Father Muller College & School of Nursing on this Occasion.

It was in 2011, I entered the portals of Father Muller College of Nursing, as a post graduate student. I cherish those 2 years for I had wonderful batch mates & a band of teachers especially from the department of Psychiatric Nursing. Their motivation & support take full credit along with my family & friends for every step of success I would achieve in future.

My days at Muller's were not easy, but realize that my training here played an important role in my life. It was in this sacred place I got an opportunity to recognize & shape my hidden potentials.

Thank you Muller's...

### These are the glimpse of my work as an Alumnus of FMCON.....

- Choreography for dance (more than 60) ,done public speeches & radio talks & Judge in many variety programmes
- Resource person for training sessions-organized by Karnataka drama academy at Kaup & Hassan.
- Written and Directed social dramas (related to drug awareness, dyslexia, school drop-out, professional ethics, women empowerment, alcoholism and its ill effects)
- Story writer, screen play, dialogues and video editor for 50 episodes in Tulu/Kannada serial-Om Sai Baba
- Written & directed 15 short films
- Concept designing & direction for 5 musical videos
- Written & directed 2 documentary films
  - Nursing-Biggest task force of Hospital (released on May 12<sup>th</sup>, 2017-Nurses day)
  - Depression-Let's talk(released on April 7<sup>th</sup>, 2017 –World Health Day at Hassan Institute of Medical Sciences)



### Awards

- Karnataka Padmashree Rajya Prashasthi from Karnataka Women & Child Welfare Committee-Bengaluru in 2017
- International awards
  - 5<sup>th</sup> Short Mumbai International film festival (Dec-2016) for “Alvida”-Musical video dedicated to Late Dr APJ Abdul Kalam
  - 6<sup>th</sup> Short Mumbai International film festival (Dec-2017) for Tum Jahan bi Raho (Hindi Patriotic musical video)
  - Rajasthan International film festival award for 2 Kannada short films -2 dimensions of thinking & Ranga Shanka – in April 2016
- Won Legend “Shankar Nag award for “I am Indian”-Patriotic Musical video-Nov 2016 at Bangalore





- “Antharala”-short film was awarded as best experimental film at Kaup Short film festival in 2015

### **Felicitation & other achievements**

- Guest in “Yuva Vani”-as Yuva Prathibe in Akashavani-Hassan in 2016 & 2017.
- Interviews in TV Channels & Big FM-Mangaluru
- Recognised for the work on Alvida”-Musical video dedicated to Late Dr APJ Abdul Kalam by present ISRO chairman AS Kiran Kumar in 2016
- Felicitated by Psychiatric department of Father Muller college of Nursing on World Mental Health day 2014 -for contribution towards Psycho social drama
- 2D (dimensions of thinking) a Kannada short feature film was officially selected for display at All Lights International Film Festival 2016, at Ramoji Film City, Hyderabad for 4 days.

### **Upcoming Projects**

- Chowki -Kannada feature film (direction, editing & screen play)
- Chakshu- Kannada feature film( written & direction)

As I request your support through your prayers, Likes & shares

Dear friends, Make your dreams happen...But be grateful for every second of every day that we spend with the people ....

As I wish you all a prosperous New Year 2018, I once again thank my Alma-Mater and wish it many more milestones...

### **Mr Jayaprakash C S (Alumnus)**

Msc (Psychiatric Nursing), D.Pharm,C.V.E (Media Management)

Msc Nursing(2011-13)-Father Muller College of Nursing



I would like to specially highlight that, this environment of Father Muller College of Nursing turned out as the potters and we stood as mere clay and we were wonderfully shaped into fine pieces of art work. The shaping process was hard and long. Our knowledge and skills were stretched and tested at many points. But in all those stretching, pulling and shaping process the only aim of this institution as a whole was committed for making us what we are and the result is that we're already learning to adapt the knowledge and understandings that we've picked up to actual problems and issues that are confronting the public pertaining to their health. So I take privilege here to applaud and humbly thank our institution as a whole.. Teachers can have a tremendous influence on student's attitudes. As we think of our class co-coordinators and teachers this becomes true, Father Muller Hospital extended all the needed learning opportunities through its hospital teams, specially our ward in charges, doctors and staff nurses, in learning new lessons of quality patient care. I wish all the very best to my Alma Mater .

### **Mrs Shalini Fernandes (Alumna)**

Assistant Professor

Department of Medical Surgical Nursing

Laxmi Memorial College of Nursing, Mangaluru



## “MY MULLERIAN LIFE”



“Beginnings are usually scary and endings are usually sad, but it's everything in between that makes it all worth living.”

College makes memories of a lifetime with people you will never- ever forget. The ideal college lifestyle dissipates quickly once the reality is reached. Many young adult imagine dramatic picture of what college might be like for them. Even I too had many dramatic thoughts. In my point of view college was 1 book, 1 pen and some boring lectures, exams and smooth running things. According to my character my college life was very busy and tightly scheduled. But the moment I entered the campus I realized that college means something that moulds us into actually we are not. It has got its own struggles and its difficulties. But 18 September 2013 changed me a lot. The first thing was to adapt to the college and its atmosphere. I took everything lightly because hostel life was not new for me. But it was a 100 strength class there I realized it is not easy to adapt; because all the 100 came for different background and different beliefs and cultures too. Gradually it was my ambition so I learned to adapt to each situation and many lecturers were there to help me and hold me up in my failures. Really we can say that in a college, students come to the realization that life is not as easy as they might hope for.

Being such a strict college some of our batchmates also enjoyed the idea of being able to come to class late, leave when they want, and pretty much have say- so their own lives now that their parents are not of the picture. Being to my Mullerian family I have enjoyed the maximum of my life time with many lectures than my friends. It was all good moments and each moment was an unforgettable experience too.

My Mullerian friends taught me a small lesson with their character which I can carry till my last breath too and it says like this, “Rumors are carried by Haters, Spread by Fools and Accepted by Idiots. The Mullerian life can't be written down with one pen on a single paper. It can be understood when we experience it. I would like to conclude by thanking my Principal, HODs, all my professors and all my loving teachers who worked hard for each student’s growth and betterment. Last but not the least to all my beloved Mullerian friends.

Thank you

**Ms Derina Benny**  
Alumna-BSc Nursing (2013-2017)

## MY FIRST STEP INTO MULLERIAN FAMILY



My first day at college is an important event of my life. To me it is an unforgettable day. During my school days, I had a glimpse of college life from my elder sister. I was curiously awaiting the day when I would start my college life. I thought that college life would offer me a free life, here restriction would be few and threat of teachers would be little. At last the longed for day came. I was admitted to the Father Muller College of Nursing. I entered the college premises with new hopes and aspirations. I was glad to see that the college presented a new sight. I came across many unknown faces. I had some very strange experiences on the first day of my college life. I found all the newly admitted students in high



spirits. They were all happy to make friends. I moved round the college. I was very much delighted to see the grand library of the college. I attended the classes. I found that method of teaching in the college is different from that in the school. The students find here a homely atmosphere which they lack in the school. For this, they feel easy and comfortable here. I felt a new rhythm of life.....

Teachers hold a very special place in the heart of students; they play a very important role in shaping Nation's future by guiding their students in becoming ideal citizens. It feels great to say about my lovely teacher Sr Deepa, who is a very simple Sister with a beautiful smile on her face. Because of her support I was able to study, I was able to work in the hospital. She encouraged me in all things. Thank you for making us live a quality life. I would ask you all to always cherish the bond with your teacher. They have nurtured us with their love and affection just like our parents and thank you Sister for making me to have a faith in God as well as to attend mass every morning. I miss those days very badly.....

**Ms Marsha Abraham**  
**II year BSc Nursing Student**  
**Father Muller College of Nursing**

## MY MULLERIAN LIFE BEGINS...



My first day at the college was really exciting. It was sort of a dream come true. Getting admission in a college you were dreaming for the past. Yes, it surely was a dream come true.

When I entered the campus of FMCON it filled within me a wave of thrill and excitement. I saw many unknown faces at the time I didn't know that the owners of the faces would become my friends. I entered the college building and saw a banner that read 'FMCON welcomes - 30<sup>th</sup> batch of BSC(N) students - 2016'.

Then I saw the faces of my seniors, they were beautifully dressed up in saree. They welcomed me and my parents with adorable smiles. The newcomers were taken to the auditorium to introduce themselves to the teachers and batch. I heard so many names, so many places, so many dreams and hopes. The function was so enjoyable and encouraging.

After that I went to my hostel "CARMEL B BLOCK" my new home. The warden of hostel guided me and gave all the instructions to be followed. I was always in 'B' block still I don't know why I was always in 'B' everywhere (in school my first class to last class I was in 'B' division).

Initially, I didn't talk to my roommates, but I wanted to create a new atmosphere so I started to talk with my roommates. We had our dinner at 7 p.m. Our first food at the hostel it was delicious but I missed my mother's handmade food. At 10 p.m. I went to sleep. Then, I woke up by hearing a Tiger growl. I looked around and didn't see any tiger. Soon I understood it wasn't a tiger, but one of my friend snoring during sleep- I went back to sleep ignoring the "Tigers Growl". I slept wondering and excited for the new experience I have to face the next day!

**Ms Sherin Mol V S**  
**II year B Sc (N) Student**  
**Father Muller College of Nursing**



# THESE ARE THE BEST DAYS OF MY LIFE IN MULLERS



These are the best days of my life  
When fun and frolic was rife  
A refreshing realm of knowledge,  
That was my College.

Funny friends and loving lecturers,  
Freaky fundas and flexible study hours.  
Riddles and rumors, gossips And giggles umpteen  
Added spice to the junk I hogged at the college canteen.

I majored in English Literature,  
And the subject suited my sensitive nature.

I was initiated in to the world of stories, poems and plays,  
Each lecture set my imagination ablaze

My college was a literary paradise,  
Where I learnt to critically analyze,  
Every text that come my way,  
Be it poetry, prose or play

**Ms Shilpa Antony**  
II Year B Sc (N) Student  
Father Muller College of Nursing

## ನೆನಪು ಮರುಕಳಿಸು, ವೃತ್ತಿ ಮತ್ತು ನನ್ನ ಪ್ರವಾಸ



ನನ್ನ 27 ವರ್ಷದ ಈ ಸಂಸ್ಥೆಯೊಂದಿಗಿನ ಪಯಣ ಆಭೂತಪೂರ್ಣವಾದುದು. ಕಳೆದ ಮಧುರ ದಿನಗಳನ್ನು ಹಿಂದಿರುಗಿ ಒಂದು ಕ್ಷಣ ನೋಡಿದಾಗ ಅದು ಒಂದು ಪರ್ವ ಕಾಲ. ನಾನು ಸಹೋದ್ಯೋಗಿಗಳ ಜೊತೆ ಜೊತೆಯಲ್ಲಿ ಕೆಲಸ ಮಾಡಿದ್ದು, ಅವರ ಜೊತೆ ಭದ್ರವೇಷ ಹಾಕಿ ಕುಣಿದಾಡಿದ್ದು, ಸಂಗೀತ ಸ್ಪರ್ಧೆ ಮತ್ತು ಆಟೋಟ ಸ್ಪರ್ಧೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿ ಬಹುಮಾನ ಪಡೆದಿದ್ದು, ಶುಶ್ರುಷಾ ವಿಭಾಗದ ಉಸ್ತುವಾರಿಯವರಿಂದ ನನ್ನ ಕೆಲಸದ ಶ್ರಮಕ್ಕೆ ಶಹಭಾಸ್ ಎನಿಸಿಕೊಂಡಿದ್ದು, ಅಂದಿನ ಶುಶ್ರುಷಾ ವಿಭಾಗದ ಅಧಿಕಾರಿಯಾಗಿದ್ದ ಸಿಸ್ಟರ್ ಗೊನ್ನಾಗರವರಿಂದ ಹೊಗಳಿಕೆ ಗಳಿಸಿದ್ದ ನೆನಪು, ಅವರು ಫಾದರ್ ಮುಲ್ಲರ್ ಆಸ್ಪತ್ರೆ ಸಂಸ್ಥೆಯನ್ನು ಬಿಟ್ಟು ಹೋಗುವ ಸಮಯದಲ್ಲಿ ನನ್ನನ್ನು ಕರೆದು ಬೆನ್ನುತಟ್ಟಿ ಒಳ್ಳೆಯ ನುಡಿಯನ್ನು ಮನದಟ್ಟಿಸಿ ಆಶೀರ್ವಾದ ಮಾಡಿದ್ದು, ಇವತ್ತು ನಾನು ಈ ಸಂಸ್ಥೆಯಲ್ಲಿ ಇಷ್ಟು ಮುಂದುವರೆದು ಕೆಲಸ ಮಾಡಲು ಅವಕಾಶ ಸಿಕ್ಕಿದ್ದು ಇಂತಹ ಹಲವಾರು ವಿಷಯಗಳ ವೃತ್ತಿ ಜೀವನದಲ್ಲಿ ನನ್ನ ವ್ಯಕ್ತಿತ್ವ ವಿಕಾಸಕ್ಕೆ ಒಂದು ಅಡಿಪಾಯವಾಗಿದೆ.

ಅತ್ಯಂತ ಋಷಿ ಎಂದರೆ ಫಾದರ್ ಮುಲ್ಲರ್ ಸಂಸ್ಥೆಯ ಶುಶ್ರುಷಾ ವಿಭಾಗದಲ್ಲಿ ನಾನು 6 ಮಂದಿ ಪ್ರಾಂಶುಪಾಲರು ಹಾಗೂ ಶಿಕ್ಷಕಿಯರ ಜೊತೆ ಕೆಲಸ ಮಾಡಲು ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿಯರೊಡನೆ ಬೆರೆಯಲು ಸದಾವಕಾಶ ನನ್ನ ಪಾಲಿಗೆ ಸಿಕ್ಕಿದಕ್ಕಾಗಿ ನಾನು ದೇವರಿಗೆ ಚಿರಋಣಿ. ಎಲ್ಲರಿಗೂ ಪ್ರೀತಿ ಪಾತ್ರಳಾಗಿದ್ದೇನೆ. ಎಲ್ಲರ ಜೊತೆ ಬೆರೆಯುವುದು ನನ್ನ ಹುಟ್ಟು ಗುಣ. ಜೀವನದಲ್ಲಿ ಮರೆಯಲಾಗದ ಒಂದು ಅತ್ಯುತ್ತಮ ತೃಪ್ತಿ ನನ್ನ ದೆಹಲಿಯ ಪ್ರವಾಸ - 2014 ಜನವರಿ 21ಕ್ಕೆ M.Sc ನರ್ಸಿಂಗ್



ವಿದ್ಯಾರ್ಥಿನಿಯರು ಹಾಗೂ ಶಿಕ್ಷಕರಾದ ಮನೋಜ್ಞರವರೊಂದಿಗೆ ನಾನು ಹೊರಟೆ. ಎಲ್ಲರೂ 7.00 ಗಂಟೆಗೆ ರೈಲು ನಿಲ್ದಾಣಕ್ಕೆ ಬಂದೆವು. ನಮ್ಮನ್ನು ಬೀಳ್ಕೊಡಲು ನಮ್ಮ ಪ್ರಾಂಶುಪಾಲರಾದ ಸಿಸ್ಟರ್ ವಿನ್ನಿಫ್ರೆಡ್, ಶಿಕ್ಷಕಿಯವರಾದ ಶ್ರೀಮತಿ ಶಿಜಿಯವರು ರೈಲು ನಿಲ್ದಾಣಕ್ಕೆ ಭೇಟಿ ನೀಡಿ, ರಾಜೇಶ್ ಮತ್ತು ಮಹೇಶ್ ಅವರ ತಂಡದ ಪರಿಚಯ ಮಾಡಿಕೊಟ್ಟರು. ನಮ್ಮ ಲಗೇಜ್ ಹಿಡಿದು ಉಗಿಬಂಡಿ ಹತ್ತಿದೆವು. ನಮ್ಮ ನಮ್ಮ ಸೀಟಿನ ಬಳಿ ಹೋಗಿ ಕುಳಿತೆವು. ಸ್ವಲ್ಪ ಹರಟೆ ಹೊಡೆದೆವು. ಅಷ್ಟರಲ್ಲಿ ರೈಲು ಹೊರಟಿತು. ನಿದ್ರೆಯ ಸಮಯ ಬಂದ ಹಾಗೆ ಮಲಗಿದೆವು. ಎರಡು ದಿನ ರೈಲಿನಲ್ಲಿ ಕಳೆದೆವು. ಅಷ್ಟರಲ್ಲಿ ನಮ್ಮ ದೆಹಲಿ ಬಂದೆ ಬಿಟ್ಟಿತು. ನಾವು ನಿಜಾಮುದ್ದಿನ್ ರೈಲು ನಿಲ್ದಾಣ ಎಂದಾಕ್ಷಣ ಎಲ್ಲರೂ ಎದ್ದು ರೆಡಿಯಾದೆವು. ನಾವು ಎಲ್ಲರೂ ಇಳಿದೆವು. ನಮಗೆ ಸರಿಯಾದ ಸಮಯಕ್ಕೆ ಪ್ರವಾಸ ಬಸ್ಸು ಬಂದು ನಿಂತಿತ್ತು. ಹತ್ತಿ ಕುಳಿತೆವು. ಹೊರಟ ಬಸ್ಸು ನಾವು ತಂಗುವ ಹೋಟೆಲಿಗೆ ತಲುಪಿತು. ನಾವೆಲ್ಲರೂ ಇಳಿದು ನಮ್ಮ ರೂಮಿಗೆ ಹೋದೆವು. ಸ್ನಾನ ಮಾಡಿ ನಮ್ಮ ದಿನನಿತ್ಯದ ಫಲಹಾರ ಸೇವಿಸಿದೆವು. ಊಟ ಮಂಗಳೂರಿನದ್ದೆ ಆಗಿತ್ತು. ಬಾರೀ ಭರ್ಜರಿ ಊಟ. ಮುಂಜಾನೆ ನಾಲ್ಕು ಗಂಟೆಗೆ ರಾಜೇಶ್‌ರವರು ಬಾಗಿಲು ತಟ್ಟಿ ಬೆಡ್ ಕಾಫಿ ಕೊಡುತ್ತಿದ್ದರು. ನಾನು, ಸಿಮಿ, ಸಿಸ್ಟರ್ ಲಿಝಿಯ ಮೂವರು ಒಂದೇ ರೂಮಿನಲ್ಲಿದ್ದೆವು. ತುಂಬಾ ಚಳಿ ನಮ್ಮ ದಿನನಿತ್ಯದ ಪ್ರವಾಸ ವೇಳಾಪಟ್ಟಿಯನ್ನು ರಾಜೇಶ್‌ರವರು ತಿಳಿಸುತ್ತಿದ್ದರು. ನಾವು ಸರಿಯಾದ ಸಮಯಕ್ಕೆ ರೆಡಿಯಾಗುತ್ತಿದ್ದೆವು. ಮೊದಲ ದಿನ ನಮಗೆ ಕರೊಲ್ ಬಾಗ್ ಪೇಟೆಗೆ ಕರೆದುಕೊಂಡು ಬಂದಿದ್ದರು. ನಮಗೆ ಬೇಕಾದ ವಸ್ತುವನ್ನು ಖರೀದಿಸಿದೆವು. ನಂತರ ದಿನ ನಮಗೆ ಕೆಲವು ಆರೋಗ್ಯ ಕೇಂದ್ರ ಆಸ್ಪತ್ರೆ ಅಪೋಲೊ ಆಸ್ಪತ್ರೆಗಳ ಭೇಟಿ ಮಾಡಿಸಿದರು. ರೆಡ್‌ಕ್ರಾಸ್‌ಗೆ ಹೋದೆವು. ಮಧ್ಯ ಮಧ್ಯದಲ್ಲಿ ಕೆಲವು ಪ್ರೇಕ್ಷಣೀಯ ಸ್ಥಳ ಅಂದರೆ ಲೋಟಸ್ ಟೆಂಪಲ್, ಇಂದಿರಾ ಮ್ಯೂಸಿಯಮ್, ಇಂಡಿಯ ಗೇಟ್, ರೆಡ್‌ಫೋರ್ಟ್, ರಾಷ್ಟ್ರಪತಿ ಭವನ, ಗಾಂಧಿ ಫಾಟ್ ಹಾಗೂ ದಾರಿಯುದ್ದಕ್ಕೂ ಹಲವಾರು ಬಣ್ಣದ ಹೂವಿನ ಗಿಡಗಳ ಸಾಲು ನೋಡಲು ತುಂಬಾ ಖುಷಿಯಾಯಿತು. ಎರಡು ದಿನದ ಬಳಿಕ ನಾವು ಪಂಜಾಬಿಗೆ ಹೊರಟೆವು ಅಲ್ಲಿ ದೆಹಲಿಗಿಂತ ಜಾಸ್ತಿ ಚಳಿ ಎರಡು ದಿನ ಹೋಟೆಲಿನಲ್ಲಿ ತಂಗಿದೆವು. ಬೆಳಿಗ್ಗೆ ಎದ್ದು ನಾವು ಪೇಟೆ ಸುತ್ತಾಡಿ ಹಲವಾರು ವಸ್ತುಗಳನ್ನು ತೆಗೆದು ಕೊಂಡೆವು. ನಂತರ ನಮ್ಮ ಪ್ರವಾಸದ ಮುಖ್ಯಸ್ಥರಾದ ರಾಜೇಶ್‌ರವರು ಜಲಿಯನ್‌ವಾಲಾ ಭಾಗ್ ಮತ್ತು ಅಮೃತಸರ ಗೋಲ್ಡನ್ ಟೆಂಪಲಿಗೆ ಕರೆದು ಕೊಂಡು ಹೋಗಿ ವಿಶೇಷಗಳ ಮಾಹಿತಿಯನ್ನು ತಿಳಿಸಿದರು. ಮಧ್ಯಾಹ್ನ 2.00 ಗಂಟೆಗೆ ನಾವೆಲ್ಲರೂ ಪಂಜಾಬಿನ ವಾಘಬೋರ್ಡರ್‌ಗೆ ಬಂದೆವು. ಅಲ್ಲಿಯ ಸೈನಿಕರನ್ನು ನೋಡಿ ಒಂದು ಕ್ಷಣ ಬೇಸರವಾಯಿತು. ನಮ್ಮೆಲ್ಲರನ್ನು ಒಳಗೆ ಸ್ವಾಗತಿಸಿದರು. ಸೈನಿಕರ ಮುಖ್ಯಸ್ಥರಾದವರು ವಂದೇ ಮಾತರಂ ಎಂದು ಹೇಳಲು ಹೇಳಿದರು. ನಮಗೆ ಎಷ್ಟು ಬೊಬ್ಬೆ ಹಾಕಲು ಸಾಧ್ಯವೋ ಅಷ್ಟು ಬೊಬ್ಬೆ ಹಾಕಿದೆವು. ಮತ್ತೆ ಡ್ಯಾನ್ಸ್ ಮಾಡಲು ನಾವು ಹೋದೆವು. ಕುಣಿದು ಕುಪ್ಪಳಿಸಿದೆವು. ಸೈನಿಕರ ಜೊತೆ ನಿಂತು ಫೋಟೋ ತೆಗೆಸಿಕೊಂಡೆವು. ಅಲ್ಲಿಂದ ವಾಪಾಸು 6.00 ಗಂಟೆಗೆ ಮನಾಲಿಗೆ ಹೊರಟೆವು. ಬೆಳಗಿನ ಜಾವ ನಾವು ಮನಾಲಿಗೆ ಮುಟ್ಟಿದೆವು. ಕಣ್ಣು ಬಿಟ್ಟು ನೋಡಿದರೆ ಬೆಟ್ಟ ಗುಡ್ಡಗಳು ಮಂಜಿನ ಗಡ್ಡೆಯಲ್ಲಿ ಮುಳುಗಿ ಹೋಗಿದ್ದೆವು. ನಾವು ತಂಗುವ ಹೋಟೆಲಿಗೆ ಬಂದೆವು. ಬೆಳಿಗ್ಗೆ ಎದ್ದು ಹಲ್ಲು ಉಜ್ಜಿ ಮುಖ ತೊಳೆದು. ಬಿಸಿ ಬಿಸಿ ಸಜ್ಜೆಗೆ ತಿಂದೆವು. ಮತ್ತೆ ಕುಲು ಮನಾಲಿ ಪೇಟೆ ಸುತ್ತಾಡಿ ಹಲವು ಬಟ್ಟೆಗಳನ್ನು ಖರೀದಿಸಿದೆವು. ಮಧ್ಯಾಹ್ನ 2.00 ಗಂಟೆಗೆ ಕುಲು ಮನಾಲಿಯ ಸೊಬಗನ್ನು ನೋಡಲು ಕರೆದು ಕೊಂಡು ಹೋದರು. ಎಲ್ಲರೂ ಕುಣಿದು ಕುಪ್ಪಳಿಸಿದೆವು. ಎಲ್ಲಿ ನೋಡಿದರೂ ಮಂಜಿನ ಗಡ್ಡೆ ಆಹಾ.. ಆಹಾ.. ಚಳಿ ಚಳಿ ಹಿಂತಿರುಗಿ ಅಲ್ಲಿಯೇ ಟೆಂಪಲ್‌ಗೆ ಬಂದೆವು. ನಮ್ಮ ವಿದ್ಯಾರ್ಥಿನಿಯರು ಅಲ್ಲಿಯ ಉಡುಪುಗಳನ್ನು ಧರಿಸಿ ಫೋಟೋ ತೆಗೆಸಿ ಕೊಂಡರು. ಮನಾಲಿಯ ವರ್ಣನೆ ಎಷ್ಟೆಂದರೂ ತೀರದು. ವಾಪಾಸು ದೆಹಲಿಗೆ ಹೊರಟೆವು. ಅಲ್ಲಿಂದ ಆಗ್ರಾ, ತಾಜ್ ಮಹಲ್, ಕುತುಬ್‌ಮಿನಾರ್ ಮತ್ತೆ ಮೆಟ್ರೊ ಹತ್ತಿ ಅಕ್ಷರಧಾಮವನ್ನು ನೋಡಿ ವಾಪಾಸು ದೆಹಲಿಯಿಂದ ಮಂಗಳೂರಿಗೆ ಹೊರಟೆವು. 2014 ಫೆಬ್ರವರಿ 11 ಮಂಗಳೂರಿನ ರೈಲು ನಿಲ್ದಾಣಕ್ಕೆ ರಾತ್ರಿ ರಾತ್ರಿ 1.00 ಗಂಟೆಗೆ ಬಂದು ತಲುಪಿದೆವು. ನಮ್ಮ ಮನೆಗೆ ಹೊರಟೆವು, ಎಲ್ಲಾ ಅವಕಾಶ ಮಾಡಿ ಕೊಟ್ಟ ಫಾದರ್ ಮುಲ್ಲರ್ ಕಾಲೇಜಿನ ಮುಖ್ಯಸ್ಥರಿಗೆ, ಆಸ್ಪತ್ರೆಯ ಆಡಳಿತಾಧಿಕಾರಿಗೂ ಹಾಗೂ ಫಾದರ್ ಮುಲ್ಲರ್ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಿಗೂ ನಾನು ಚಿರಋಣಿಯಾಗಿರುತ್ತೇನೆ.

ಶ್ರೀಮತಿ ಸರೋಜಿನಿ

**Mrs Sarojini**  
**Classroom Attender**  
**Father Muller College of Nursing**



**We fondly recognise the services of our Former Principals  
Father Muller School of Nursing**



**Rev. Sr Maria Theresa Fernandes**  
Founder Principal (1959-1982)



**Rev. Sr Maria Gonzaga Pinto**  
(1982 - 1990)



**Rev. Sr Ann Rose D'Almeida**  
(1990 -1991)



**Rev. Sr Edmund D'Souza**  
(1991 - 1999)



**Rev. Sr Lucy Rodrigues**  
(1999-2001)



**Rev. Sr Jacintha D'Souza**  
(2001-2003)



**Rev. Sr Flora D'Souza**  
(2003 - 2008)



**Rev. Sr Winnifred D'Souza**  
(2008- 2011)



**Mrs Jasmine Sarita Vas**  
(01.06.2011 - till date)

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Father Muller College of Nursing**



**Lt. Col (Ms) C Thiagarajan  
Founder Principal (1987-1991)**



**Prof. (Mrs) J Gladis  
(1991 - 1992)**



**Ms T U Annamma  
(1992 - 1998)**



**Rev. Sr Loredana Korah  
(1998-2003)**



**Rev. Sr Winnifred D'Souza  
(2011-2017)**



**Rev. Sr Jacintha D'Souza  
(2003 - 11 & 2017- till date)**

**We fondly recognise the services of our Former Directors**



**REV.FR MARIAN FERNANDES**  
25-07-1955 TO 05-06-1968



**REV.FR JACOB LOBO**  
16-07-1968 TO 28-02-1975



**REV.FR BERNARD MORAS**  
01-03-1975 TO 31-07-1978  
15-06-1991 TO 22-02-1997



**REV.FR PETER S NORONHA**  
(DIRECTOR DESIGNATE)  
01-05-1978 TO 31-07-1978  
(DIRECTOR)  
01-08-1978 TO 31-05-1988



**REV.MSGR.ALEXANDER F D'SOUZA**  
30-05-1988 TO 15-06-1991



**REV.DR BAPTIST MENEZES**  
22-02-1997 TO 06-07-2007



**REV.FR PATRICK RODRIGUES**  
06-07-2007 TO 23-03-2017



**REV.FR RICHARD ALOYSIUS COELHO**  
(DIRECTOR INCHARGE)  
27-03-2017 TO 21-05-2017  
(DIRECTOR)  
22-05-2017 TO TILL DATE



**We fondly recognise the services of our Administrators**



**REV. FR VALERIAN DSOUZA**  
FMHMCH  
01-07-1998 to 22-05-2000



**REV. FR HENRY SEQUEIRA**  
FMGH  
01-07-1998 TO 31-05-2000



**REV. DR LAWRENCE C D'SOUZA**  
FMMCH  
01-08-1998 TO 12-08-2006



**REV. FR WILLIAM MENEZES**  
FMCI  
29-05-2000 TO 12-05-2008



**REV. FR WILFRED P D'SOUZA**  
FMHMCH  
21-05-2008 TO 14-06-2013



**REV. FR RICHARD A COELHO**  
FMMCH  
25-07-2010 TO 21-05-2017



**REV. FR VINCENT VINOD SALDANHA**  
FMHMCH  
15-06-2013 TO TILL DATE



**REV. FR AJITH MENEZES**  
FMMC  
22.05.2017 TO TILL DATE



**REV. FR ROSHAN CRASTA**  
FMHT  
01-07-2015 TO TILL DATE



**REV. FR STANY TAURO**  
FMHMCH  
20-05-2000 TO 20-05-2008  
FMMCH  
21-05-2008 TO 24-07-2010



**REV. FR DENIS D'SA**  
FMMCH  
12-08-2006 TO 20-05-2008  
FMCON, FMSON, FMMC  
21-05-2008 TO 30-06-2013



**REV. FR RUDOLPH RAVI D'SA**  
FMCI  
19-12- 2011 TO TILL DATE  
Now Administrator - FMMCH

# SCHOOL OF NURSING MEMORIES



Anointing of the Sick



Capping Ceremony



Community Visit



Cultural Event



Full Pledged Nurse



GNM Students with Faculty



Oath Taking Ceremony



Our Athletes are Ready to Win



Our Fore Leaders



Our God Oriented Nurses



Our Present Interns



School of Nursing Faculty



We are Ready to Heal and Comfort

# COLLEGE OF NURSING MEMORIES



**Band**

Then

Now



**Classes**

First Staff Room

Anatomy Class



**Course Inauguration**

Course Inauguration GNM, BSc, PBBSc, MSc 2005-06

Inauguration of 12th Batch of MSc (N)

Orientation Programme B.Sc(N)



**Fare well**

1st Batch of MSc Nursing

Farewell Programme

## Celebrations



**1st Graduation**



Institutions Day and Graduation Ceremony - 1997



Institutions Day and Graduation Ceremony - 2002



**BSC Graduates**



**PBBSC Graduates**



**M.Sc Graduates**



Silver Jubilee Celebrations FMCON -2012

# COLLEGE OF NURSING MEMORIES

Hostel Day



Lamp Lighting



Inauguration



Lamp lighting 2006

## Nightingale Fest



Nurses Week - 2000



Nightingale Fest - 2004



Nurses Day - 2010



Release of Nightingale Bulletin

## Special Days



Freshers Day



Happy Onam



Nutrition Day



Picnic Moments



Talent Night - 98



Teachers Day



Vanamahotsava

## Sports



Champions



Chess- Indoor Sport



March Past



Staff in Sports



Throwball Match



Winners of Intercollegiate Sports

# COLLEGE OF NURSING MEMORIES



1st Editorial Committee of College Magazine



Decennial Celebrations



Faculty of Nursing College



Faculty with MSc Students



First Computer of College



Laying Foundation Stone for New Building of CON



MOU with University of Applied Sciences La Source, Switzerland



Old Building of College of Nursing



Principal Lt. Col (Ms) C Thiagarajan with Students



Principal Ms T.U. Annamma



Students With Principal Prof Mrs J Gladis



Support Staff

## Jubilee Celebrations of Father Muller School and College of Nursing

Father Muller School and College of Nursing celebrated triple jubilee of GNM program - 60 years(Diamond), B.Sc and P.B.B.Sc Nursing program - 30 years(Pearl) and M.Sc Nursing program - 25 years (Silver) and the Inauguration of National Conference on Critical Care Nursing organized by the Alumni Association of Father Muller College of Nursing on 19<sup>th</sup> January 2018 at Father Muller Convention Center.

The celebration began with a Thanksgiving Mass in St Joseph Chapel. Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore Diocese was the main celebrant for the Eucharistic celebration.

The formal celebrations commenced with the procession of guests, alumni, faculty and VIPs led by Band of Father Muller College of Nursing. Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore Diocese & President of FMCI, Chief Guest Dr Ani Grace Kalaimathi, Registrar, Tamilnadu Nurses & Midwives Council, Guest of Honour Rev. Sr Edmund D'Souza, Former Principal, Father Muller School of Nursing, Rev. Fr Richard Aloysius Coelho, Director, FMCI, Rev. Sr Jacintha D'Souza, Principal, Father Muller College of Nursing, Mrs Jasmine Sarita Vas, Principal, Father Muller School of Nursing, Ms Darryl Aranha, President, Alumni Association were the dignitaries on the dais. The Director FMCI welcomed the gathering.

Principal of College of Nursing introduced the Chief Guest. Addressing the gathering the Chief Guest said "Nurses need to be empowered and influence people like Florence Nightingale and reach towards greater success. Nurses need to wake up and say "we are the knowledgeable angels in giving holistic care to the patients". Knowledge is the power; we need to update our knowledge by continuing education, getting trained through bridge courses, need to know the technological advancement, online CNE modules. Nurses can run their own nurse led clinics at Community level and can be Nurse Entrepreneurs, Nurse Consultants and the Nurse Practitioners".

The jubilee souvenir was released by Dr Ani Grace the Chief Guest along with the other dignitaries.

Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore Diocese & President of FMCI, felicitated & honored the former and present Directors, Assistant Directors, Administrators, Assistant Administrators, Chaplains, former and present Principals of School & College of Nursing and Nursing staff who served this Institution for more than 15 years and still on service.

Mrs Merlyn Tauro the first batch student of M.Sc Nursing presently working as Senior International Accreditation Specialist at Ministry of Public Health, Qatar shared her experience and cherished the memories of being in Father Muller Institution and was honored by the Bishop.

Rev. Sr Edmund D'Souza, Former Principal, Father Muller School of Nursing, expressed her happiness to be a part of the celebration where she studied and served for 41 years in various capacities. She expressed her joy that her Alma Mater has reached the state of maturity and has contributed remarkably to the society, to the Nation and to the world by forming good, trustworthy professionals.

In the presidential address His Lordship Most Rev. Dr Aloysius Paul D'Souza, Bishop of Mangalore, congratulated all the nurses and he said that nurses who are trained in Father Muller Institutions are wanted all over the world because of the standard of education and the values they receive and the way they care for patients.

Mrs Jasmine Sarita Vas, Principal, Father Muller School of Nursing proposed the vote of thanks. After the Institutional anthem cultural program was presented by students of School and College of Nursing and College Anthem was sung by 60 alumni of the Institutions.

# Eucharistic Celebrations



# National Conference on Critical Care Nursing





# Jubilee Celebrations - Stage Program



# Jubilee Celebrations - Stage Program



# Jubilee Celebrations - Cultural Program



Teaching Staff



**Alumni Association Office Bearers**



**Non - Teaching Staff**



*Best Wishes From,*



**27<sup>th</sup> Batch FMSON  
(1984 - 89)**

**It is not how much we do  
But how much love we put in doing  
It is not how much we give  
But how much love we put in giving**

## Loving Tribute to our Director



### Late Rev. Fr PATRICK RODRIGUES

#### Best Wishes From 1986 - 1992 Batch



**Mrs LUCILIA**  
Incharge Nurse  
KIOCL Health Centre, Kavoor



**Mrs JULIANA RODRIGUES**  
Recovery Nurse  
Aberdeen Royal Infirmary Hospital  
Scotland, UK.



**Mrs CHRISTINE D' ALMEIDA**  
Radiology Nurse  
Ruwais Hospital  
Abu Dhabi



**Mrs ANITA SALDANA**  
Charge Nurse  
Johns Hopkins Aramco Hospital  
Soudi Arabia



**Mrs MABLE IDA MATHIAS**  
Charge Nurse  
St Joseph's Barrow Neuro Rehab, Scotland, UK.



**Mrs GRACY PERIS**  
Nursing Superintendent  
KMC, Attavar



**Mrs BENEDICTA D'SOUZA**  
Ward Incharge  
KMC, Attavar



**Mrs HELEN LOBO**  
Assistant Nursing Superintendent  
FMMCH, Mangalore



**Mrs JACINTHA MASCARENHAS**  
Charge Nurse  
Sulthanate Of Oman, Muscat



**Mrs HILDA REGINA**  
Dental Nurse  
British International Dental Centre, Qatar



**Mrs ASHA VAZ**  
Nursing Coordinator To  
Director Of Nursing Affairs, Oman



**Mrs IRENE PINTO**  
Charge Nurse  
Ministry Of Social Affairs, Kuwait



**Mrs CYNTHIA MARY**  
Registered Nurse  
Gospport War Memorial  
Hospital, UK



**Mrs MARY FRANK**  
Charge Nurse  
Florida, U.S.A



**Mrs ELIZABETH D'SOUZA**  
Incharge Nurse  
KMC, Mangalore



**Mrs MONTHI EMILDA PAIS**  
Charge Nurse



**Mrs. LUCY PASCALINE**  
Charge Nurse  
Un Wenlock Hospital.

*Best Wishes From,*

*Benedict, Junal and Lisha  
Family and Friends  
Shirwa | Bristol (U.K)*

*In Fond Remembrance of,*



**LATE JACINTHA SALDANHA (1984 - 89 BATCH)**

Royal Nurse: King Edward VII Hospital, London

**You are remembered everyday of our lives  
You will never be forgotten**

**We Miss You We Love You**



**Best Wishes From,**



**Marina Silvine Mathias**  
Nursing Supervisor  
Al Zahra Hospital  
Sharjah, UAE



**Reena Joyce Concesso**  
Staff Nurse  
Dar El Oyoun Eye Laser Center,  
Muscat, OMAN



**Rita Sonia Saldanha**  
Staff Nurse  
Hamad General Hospital  
QATAR



**Precilla Concesso**  
Staff Nurse  
Al Jahra Hospital  
KUWAIT



**Renny Mascarhenas**  
Staff Nurse  
New Medical Centre  
Abu Dhabi, UAE



**Anitha Castelino**  
Matron  
Star Hospital  
Pune, Maharashtra, INDIA



**Sharlet Simple D'souza**  
Associate Professor  
Athena College of Nursing  
Mangaluru, Karnataka, INDIA



**Sunitha Lobo**  
Staff Nurse  
Royal Hospital  
Muscat, OMAN



**Veera Martis**  
School Nurse  
AMA International School  
BAHRAIN



**Jenifer Andrade**  
Staff Nurse  
Royal Hospital  
Muscat



**Diana Rodrigues**  
Registered General Nurse  
Mercy Univeristy Hospital  
Cork, IRELAND



**Zenith Saldanha**  
Staff Nurse  
Hamad General Hospital  
QATAR



**Helen Noronha**  
Staff Nurse  
New Medical Centre  
Hospital, Dubai, UAE



**Lavina Reena Rodrigues**  
Staff Nurse  
Mubarak Al Kabeer  
Hospital, KUWAIT



**Sharrel Noronha**  
Staff Nurse  
Canadian Hospital  
Dubai, UAE



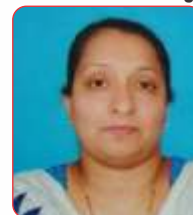
**Sr Patsy D'souza**  
Ward In-charge  
Father Muller Medical College Hospital,  
Mangaluru, Karnataka, INDIA



**Reshma Blescilla Martis**  
Registered Nurse  
CANADA



**Darryl Aranha**  
Deputy Chief Nursing Officer  
Father Muller Medical College Hospital,  
Mangaluru, Karnataka, INDIA



**Daphny Mariet Mathias**  
Staff Nurse  
King Fahd University Hospital,  
Al Khobar, SAUDIA ARABIA

**Greetings and best wishes from the**

**41<sup>st</sup> batch (1998 - 2001) of General Nursing and Midwifery course, Father Muller School of Nursing**

We stand in awe and salute our Alma Mater. We are proud Mullerians indebted to our Principals; Rev Sr Edmund D'souza, Rev Sr Lucy Rodrigues, and teachers; Prof. Mrs Victoria D'Almeida, Prof Mrs Irene Alvares and Rev. Sr Stella Coelho for their undying dedication and considerable support to each one of us.

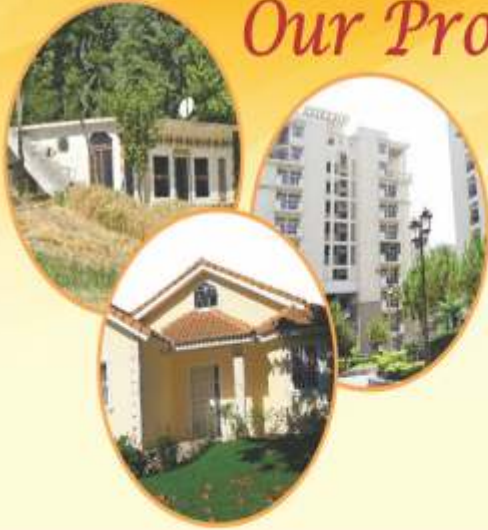
We are indeed overwhelmed and congratulate the Management, Principals and faculty of the School and College of Nursing on the Jubilee Celebrations.



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***Mrs Malini Noronha & Lenny D'Costa**  
 1988-1994 Batch*

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*Long live Father Muller College of Nursing  
and Father Muller School of Nursing*



**Mrs IRENE D'CUNHA**  
Proud Alumni. 1984 GNM & 1996 PBB.Sc

*Best Wishes From,*



*Dr Savitha Pramilda Cutinho, Diana Rodrigues,  
Helen, Lissy D'souza, Monica, Arathi Noronha*

*Best Wishes From,*



***Mrs Lila Joy & Family***

**MSc Nursing (2007 - 2009 Batch)**

*Best Wishes From,*

***Mrs Merlin Tauro***

**First Batch of MSc Nursing**

**FMCON**

*Best Wishes From,*



*(1979 - 1984 batch FMSON)*

*Best Wishes From,*

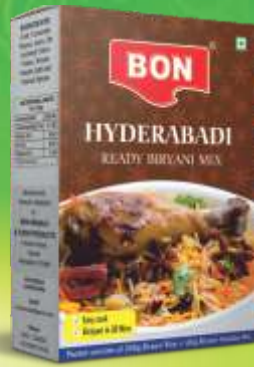


*Mrs. Vasantha G. and Family*

*MSc Nursing (2007 - 09 Batch) 85*

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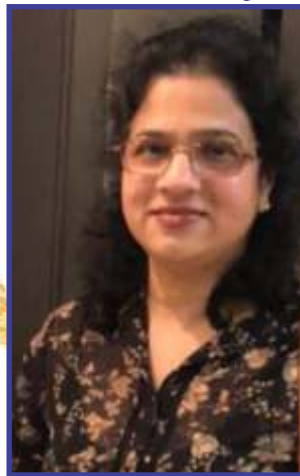
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*Mrs. Lavina Syril D'Souza & Family, 42<sup>nd</sup> Batch FMSON*

*Best Wishes From,*



**Mrs Stella Lobo & Family**

**27<sup>th</sup> batch (FMSON)**  
**1984 - 1989**

87

**Congratulations to My Alma Mater**



**Mrs Charlotte D'Souza and Family**  
**FATHER MULLER SCHOOL OF NURSING**  
**1986 BATCH**



*Best Wishes From: 38<sup>th</sup> Batch of GNM*



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**Medicare Pharma**

*Best Wishes From,*



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**2004 - 2008 Batch**  
**(B.Sc Nursing)**



*Best Wishes From,*



**Dr Devina E Rodrigues**

*Best Wishes From,*

**MR Shiju R & Family**



*Best Wishes From,*



**PBBSC II year**  
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**Mrs Dakmy D'Souza & Family**  
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*Best Wishes From,*

**MRS ANOOPA KR**

**First batch of MSc Nursing**

“What we are today is because of our Alma Mater”

**BEST COMPLIMENTS TO FATHER MULLERS FOR THE TRIDECENNIAL CELEBRATIONS**



**Mrs. Mallika (Dsouza) Lasrado**  
Manager –Professional Development,  
Dar Al Shifa Hospital,  
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**Mrs. Linette Saldahna**  
Nurse Supervisor- Head of the Department  
Thalassemia Center,  
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**Mrs. Priya (Strella) Dmello**  
NICU- RNC  
Lehigh Valley Health Network,  
USA



**Dr. Jenifer D'Souza**  
Prof & HOD, Community Health Nursing  
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**Mrs. Flavy Rebello**  
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**Rekha**



**Biju Soman**



**Sonia D'Souza**



**Tilak Joshi**



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**Maria Lasrado**



**Seema Chavan**



**Joseph N**

*Best Wishes From,*



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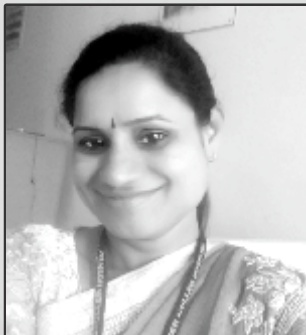


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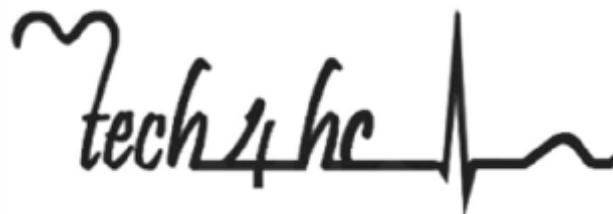
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**Dr. Vivian R.D'Almeida**

MBBS., MS.(Ortho), MRCS(Eng), MRCS(Ire), MRCP(SGlasgow)  
Fellow in Knee, Arthroscopic Surgery (USA, South Korea)

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*Best Wishes From,*



**Winifred Pinto  
and Family**

*Best Wishes From,*



**Jaijo K Jose**

*Best Wishes From,*



**Mr Rajeev Mathew  
&  
Mrs Priya Fernandes  
& Family  
FMCON**

*Best Wishes From,*

**Mr Peter Menezes  
& Family  
Kankanady**

*Best Wishes From,*

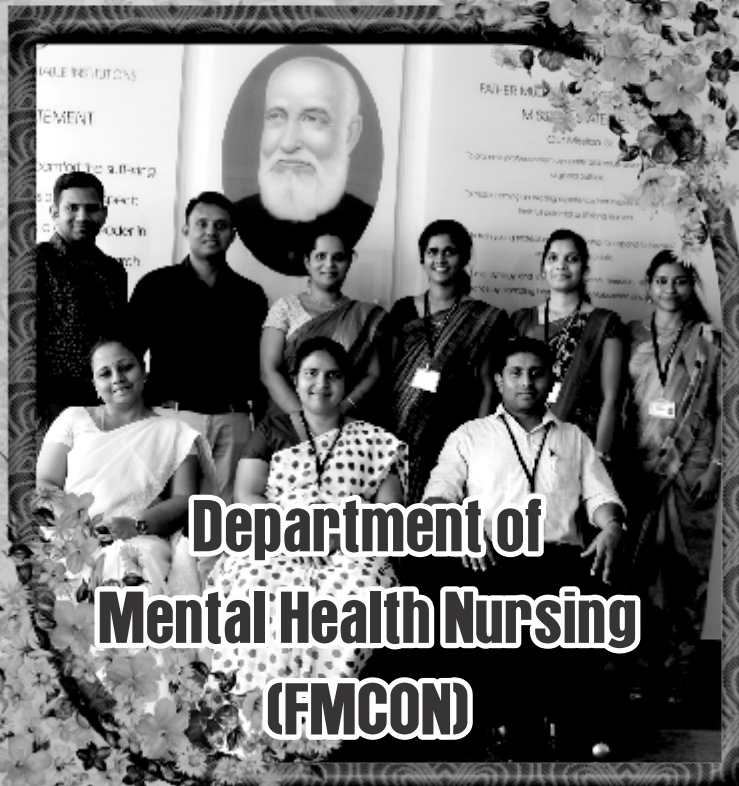
# **Mrs Susan Joshua and family**

**PB BSc Nursing (2001-03 Batch)**

**Al Ain Hospital,  
Al Ain, UAE**



*Best Wishes From,*



## **Department of Mental Health Nursing (FMCON)**

*Best Wishes From,*

**Ms Remya T Varkichan**

**2006-2010 Batch**

**FMCON**



*With Best Compliments From,*

## **Dr. C.K. Ballal**

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**Consultant Neurosurgeon  
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**Ph: 2443785**



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- ◆ Rev. Sr Maria Theresa Fernandes (1959 - 1982) ◆ Rev. Sr Maria Gonzaga Pinto (1982 - 1990)
- ◆ Rev. Sr Ann Rose D'Almeida (1990 - 1991) ◆ Rev. Sr Edmund D'Souza (1991 - 1999)
- ◆ Rev. Sr Lucy Rodrigues (1999 - 2001) ◆ Rev. Sr Jacintha D'Souza (2001 - 2003)
- ◆ Rev. Sr Flora D'Souza (2003 - 2008) ◆ Rev. Sr Winnifred D'Souza (2008-2011)
- ◆ Mrs Jasmine Sarita Vas (2011 - till date)

**FMSON Motto:**

**"Ever Faithful"**

**FMCON Motto :**

**"Search, Share, Care"**

**College of Nursing (CON) : Principals**

- ◆ Lt. Col (Ms) C Thiagarajan (1987 - 1991) ◆ Prof. (Mrs) J Gladis (1991 - 92)
- ◆ Miss T U Annamma (1992 - 98) ◆ Rev. Sr Loredana Korah (1998 - 2003)
- ◆ Rev. Sr Jacintha D'Souza (2003 - 2011) ◆ Rev. Sr Winnifred D'Souza (2011 - 2017)
- ◆ Rev. Sr Jacintha D'Souza (2017 - till date)



**Old Building of Father Muller School & College of Nursing**



FATHER MULLER  
COLLEGE OF NURSING

# Father Muller School & College of Nursing

(Units of Father Muller Charitable Institutions)

Kankanady, Mangaluru - 575002

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College of Nursing, Mangaluru