



FATHER MULLER COLLEGE OF NURSING

Accredited by NAAC with 'A' Grade

Department of Obstetrics and Gynecological Nursing



Invites you to the National Workshop on

SAVE a MOTHER SAVE a FAMILY

A Bold Step for Change

On 8th March 2017



Chief Guest

Dr. LAVINA M. NORONHA
Director of Ave Marie Palliative Care

Rev. Fr. Patrick Rodrigues
Director, FMCI
Will preside the programme

Venue: Decennial Memorial Conference Hall

Email: obgnursingfmcon2013@gmail.com
Website: www.fathermuller.edu.in

Registration Fees: ₹ 250 /- for Students and ₹ 350/- for Staff

Bank details: Cash or DD in favour of Father Muller College of Nursing, Mangaluru

Participants:

Staff Nurses, Graduate and Postgraduate Nursing Students /Teaching faculty of Maternal Nursing

Credit hours: 8

Scientific Paper Presentations:

Guidelines:

1. Abstracts of scientific presentation should be mailed to **obgnursingfmcon2013@gmail.com** on or before 29th February 2017.
2. Abstracts should be in IMRD format with word limit of 300.
3. Research studies related to the theme of the conference will be accepted.
4. The accepted abstracts will be intimated through e-mail.
5. The time allotted for oral presentation is 10 minutes.
6. Certificates will be awarded only to the presenting author.

Individual Poster Presentation:

Based on the International women's day theme 2017 "**Be Bold for Change**".

Size of the poster should be 3ft x 4ft.

Organizing Chairperson : **Dr. Savitha Pramilda Cutinho**

Organizing Secretary : **Mrs. Pramila D'Souza**

For details contact:

Mrs. Reena Frank (Lecturer) Phone : 9964078984

Ms. Precilla D'Silva (Lecturer) Phone : 9731873891

Father Muller College of Nursing Office : 0824 - 2238324

About the Host

Father Muller College of Nursing is a unit of Father Muller Charitable Institution started in the year 1987. Father Muller College of Nursing is an **“Edifice of Enlightenment and Empathy”** has earned a brand name as one of the best Nursing College in the Country. The institute upholds and instills respect for life and human dignity of a person from conception to death. The college of nursing has always been fore front in molding intellectually creative, morally responsible, spiritually enlightened, emotionally motivated and socially committed nurses. The college is committed to the development of nursing professionals of global standards with deep sense of commitment towards the motto **“Search, Share and Care”**.

The aim of the workshop is to enable the nurse midwives to endow with skills in management of obstetrical emergencies thus to contribute in improving maternal and neonatal health outcomes.

SAVE A MOTHER, SAVE A FAMILY: A BOLD STEP FOR CHANGE

A Mother is the **‘Heart’** of the Home, the **‘Light’** of Learning, a **‘Learner-Teacher’** a **‘Creative Recorder’** and a **‘Coordinator of Responsibilities’**. The mother links the new generation with the old values and norms and thereby provides the stability and the continuity to the social structure.

Maternal health refers to the health of women during pregnancy, child birth and the postpartum period. While motherhood is often a positive and fulfilling experience, for too many women it is associated with suffering, ill-health and even death. The simple fact is that most of these deaths can be prevented by easy, available and cost effective solutions, as long as pregnant woman and new mother with her infant get the right health care at the right time. The risk of maternal and infant mortality and pregnancy-related complications can be reduced by increasing access to quality preconception (before pregnancy) and interconception (between pregnancies) care and early assessment. A women herself can initiate a healthy practice and health seeking behavior during child bearing period. This will be the milestone for the change in herself, her family and the Nation.

Objective:

1. Empowering the women to self direct towards their own health to build a healthy family.
2. To minimize the leading cause of maternal morbidity and mortality.
3. To focus and review on family planning services.
4. To enhance the skills of midwife through skill training.

Schedule

8.30 - 9.00 am

Registration

9 - 9.30 am

Inauguration

9.30 -10.00 am

Empowering the Women for a Change

Dr. Lavina Noronha

Director of Ave Marie Palliative Care, Vamanjoor

10 -10.45 am

Anaemia and Pregnancy

Dr. Nagarathna G

Professor and HOD, OBG Department. FMMCH

10.45 -11.00 am

Role of Midwife in Combating Anemia

Ms. Velantha Mendonca

Lecturer, OBG(N) Department, FMCON

11-12.30 pm

Preeclampsia Skill Training

Dr. Sangeetha N Kharde

Professor and HOD OBG (N) Department,
K.L.E Society's Institute of Nursing Sciences, Belgaum

12.30 -1.00 pm

Scientific Paper Presentation

1- 2.00 pm

Lunch

2- 4.00 pm

Fertility Regulating Methods: Overview

Dr. Amritha Bhandary

Professor, A.J. Hospital & Research Centre

Skill Training on Postpartum Intrauterine Contraception

Dr. Poornima

Senior Specialist, Lady Goschan Hospital, Mangaluru

Laparoscopy Vasectomy & Tubectomy

Dr. Durgaprasad M.R

Resident Medical Officer

Lady Goschan Hospital, Mangaluru.